



## EMBARK \

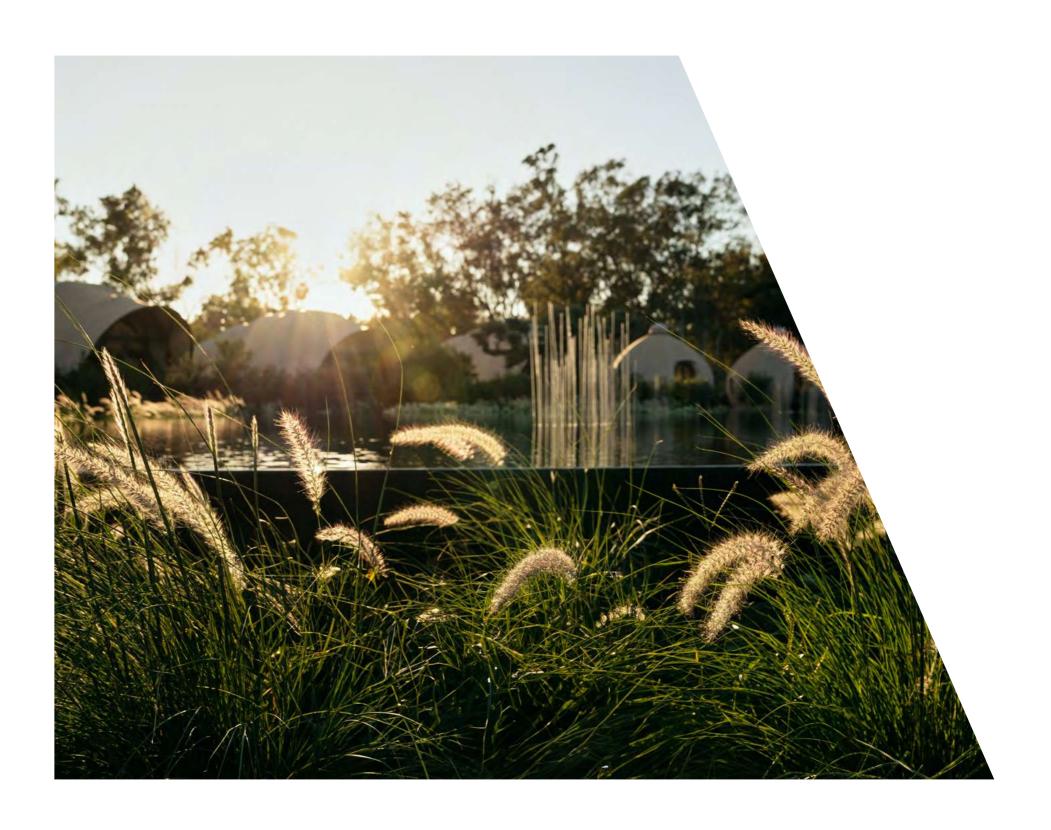
on a journey into the epitome of spa excellence at Soma Spa 'The Finest' The blend of opulence and serenity creates an exclusive haven of tranquility. Our Soma Spa 'The Finest' epitomizes refined relaxation, offering a sanctuary where each therapist undergoes meticulous training to ensure perfection. They bring a bespoke approach, providing each guest with a unique and unparalleled journey of rejuvenation.

At Soma Spa 'The Finest', your well-being is our top priority. Our skilled therapists address your skin concerns with the expertise that defines sophistication, creating an experience tailored specifically to you. We aim to transform your desires into reality.

As you enter the treatment room, you're welcomed with an exclusive touch designed to immerse you in pure bliss. Each room offers a different welcome experience, beginning with a gentle massage using luxurious restorative balm to melt away tension, followed by a refreshing mist and an invigorating "Inhalation Tent" infused with calming essential oils.

Our treatments seamlessly combine luxury, results, and profound knowledge. From advanced facials to carefully curated massages and detoxifying body treatments, every moment reflects the essence of true spa excellence.

Elevate your senses and immerse yourself in indulgence that transcends the ordinary. Welcome to the pinnacle of spa sophistication, where every detail is crafted for your ultimate well-being.



## SIGNATURE SOMA SPA THE FINEST \

Immersion Catharsis Experience the enchanting allure of Greece as soon as you step into our SOMA SPA – THE FINEST Signature sanctuary. Your journey to tranquility begins with our exclusive welcome touch, designed to immerse you in a state of pure bliss.

Picture this: as you enter the treatment room, a wave of serenity washes over you. Our skilled therapists start by gently massaging a luxurious restorative body balm onto your upper back or décolleté, melting away tension and inviting deep relaxation. Next, we elevate your senses with a refreshing Aloe Vera Mist, delicately sprayed above your head, followed by an invigorating "Inhalation Tent" infused with the calming scents of essential oils...

Now, completely enveloped in a cocoon of soothing aromas, you're ready to surrender to the ultimate indulgence of our bespoke and advanced Face and Body Therapies. Your journey to rejuvenation awaits...

# SOMA SPA THE FINEST \

Green Promise At SOMA SPA, your well-being is our top priority. We carefully select spa products that deliver exceptional results while upholding the highest standards of safety and efficacy.

We proudly curate brands that utilize natural, clean ingredients, respecting both your skin and the environment. Our products are thoughtfully formulated to be paraben-free and gentle, providing the best care for your skin.

In our commitment to sustainability, we prioritize vegan formulations with naturally sourced ingredients and ecofriendly packaging using recyclable materials.

As stewards of wellness, we take responsibility for both your skin and the planet. We implement measures to reduce our environmental impact, from minimizing water usage during treatments to choosing biodegradable or recycled materials.

Our commitment to holistic well-being and environmental stewardship is unwavering. Join us on this journey at SOMA Spa The Finest.

## OUR PREFERRED BRANDS \

#### **ELEMIS**

A global British skincare brand with over 30 years of expertise, ELEMIS combines nature's finest active ingredients with cutting-edge technology. Focused on "truth in beauty," this brand delivers proven results you can see and feel, inside and out.

#### **AUGUSTINUS BADER**

Founded by a leading stem cell specialist, Augustinus Bader is a multi-award-winning brand backed by three decades of research. Its revolutionary TFC8 technology supports natural self-healing processes, redefining skincare with science-driven results.

#### iS CLINICAL

A leader in cosmeceuticals, iS Clinical offers advanced treatments with pharmaceutical-grade, botanically derived ingredients. Trusted by top dermatologists and celebrity aestheticians, it delivers real, visible results that rejuvenate and nourish the skin.

#### CODAGE PARIS

Inspired by the periodic table, CODAGE Paris formulates treatments using synergistic cocktails of natural ingredients. Each unique composition delivers essential nutrients to meet specific skin needs, creating a personalized skincare experience.

## SIGNATURE SPA THERAPIES \

Inspired by the flora of Greece, the fertile land of our country, the Greek mythological Gods, the therapeutic practices of Hippocrates and Global spa and wellness practices.

# ROOTED IN WELLNESS \

The Olive Spa Sanctuary 90'\290€

The Olive Root Spa Journey, inspired by Greece's ancient olive trees. Start with a luxurious full-body massage using olive oil-infused oil, rich in vitamin E to relieve inflammation and nourish your skin. Continue with a face cleansing ritual featuring a clarifying mud mask enriched with rosemary, lemon, kaolin clay, and olive oil for anti-inflammatory and antioxidant benefits, leaving your skin refreshed and glowing.

## HIPPOCRATIC HARMONY MASSAGE \

Aligning The Body 60'\220€

This Massage Ritual, inspired by Hippocrates' principles, aims to harmonize body, mind, and spirit. Focused on key areas—the Head & Neck, feet, and abdomen—this therapeutic massage detoxifies and cleanses. It begins with dry brushing to stimulate circulation and ends with a refreshing mist of Kefir Tea water, leaving you revitalized.

# TENSION TAMER \

Quartz & Amber Bolus Massage

### 90'\310€

Indulge in a deeply nurturing treatment designed to rebalance both body and mind, leaving your skin invigorated and alive. Our unique Quartz Bolus therapy effectively dissolves tension and enhances skin elasticity. Sore, aching muscles are skillfully relieved with this invigorating and deeply relaxing treatment. Each area of tension is precisely targeted using the unique Amber and Quartz bolus, effortlessly dissolving knots and easing stress. The experience concludes with a restorative facial massage, ensuring total relaxation and tension relief.

## CBD SERENITY MASSAGE \

Drift Into Deep Relaxation

#### 60' \ 190 €

Immerse yourself in a realm of opulence as our expertly trained therapists skillfully apply our premium CBD-infused massage formula. Designed to target and alleviate pain and inflammation, this exclusive blend permeates the skin, activating the brain's endocannabinoid receptors with unparalleled finesse. As the compound permeates through your skin, it ignites a symphony of responses within the endocannabinoid system, a vital regulator of immune function, digestion, mood, and sleep. Feel yourself being gently guided into a state of sublime tranquility as your body effortlessly transitions into a state of rest and rejuvenation. With each expertly executed stroke, we coax your body to release all traces of toxins, paving the way for an unparalleled state of relaxation and renewal.

## THE HAMMAM RITUAL \

Full Body Rejuvenation 60'\200€ 90'\300€

Step into our Hammam and experience deep relaxation through ancient Greek practices. Begin with a warm, moist environment to open pores and release tension. Our ritual includes exfoliation with traditional loofah sponge and a mineral-rich mud wrap for a purifying cleanse. Enjoy a rhythmic massage to boost circulation, followed by a luxurious lather of aromatic soap. A combination of massage and stretching eases muscle tension, while a cascade of warm water rinses away impurities. The ritual concludes with a refreshing splash of cool water, revitalizing your senses.

In this 90-minute treatment, also included is an express face and scalp treatment with vitamin E and camellia oil, supporting detoxification, skin toning, and mind rejuvenation.



Advanced massage sequences to unwind and re-charge.

# THE DEEP TISSUE \

### 30'\110€ 60'\210€ 90'\280€

### Massage

Indulge in personalized tranquility with our Deep Tissue Luxury massage, tailored exclusively to your needs. As your skin is prepared to release toxins, our flowing massage technique promotes deep relaxation and circulation, leaving you grounded and focused.

Choose your Deep Tissue oil blend

#### Pain Relief

Maritime Pine and Rosemary blend

#### Stress Reduction

Lavender and Chamomile blend

#### Detox

Sea Fennel and Orange Peel Extract blend

#### **Emotional Balance**

Coconut, Monoi, and Frangipani Flowers blend

## THE BESPOKE HIGH-TECH \

120'\330€

### Massage Therapy

Choose three areas of concern from the below list, and our therapists will dedicate 30 minutes to each during one comprehensive session. With a focus on Deep Tissue Techniques, your body will feel rejuvenated and free from aches. This massage includes Percussive Therapy with Theragun and Compression Therapy on the legs at the end.

Back, Shoulders & Lower Back
Back of Legs
Front of Legs
Hand & Arm
Head, Scalp & Face

\*includes an overall 10-minutes of Percussive therapy with Theragun and 20-minutes of Recovery Air Jet boots Compression Therapy at the end of the session.

# THE AROMA-THERAPY\

60'\200€ 90'\270€

Massage

Enjoy the epitome of luxury with our aromatherapy hydrating body massage, a lavish experience powered by the pure essence of true aromatherapy. Delight in a hand-selected blend of Rosewood, Melissa, Marjoram, Geranium, Rosemary, Lavender, and Chamomile essential oils, meticulously crafted to elevate your senses and nourish your skin with unparalleled opulence. Surrender to the soothing touch of our expert therapists as they skillfully massage this precious synergy into your skin, allowing tension to melt away and your mind to drift into a state of blissful relaxation. Let the rich aroma envelop you, transporting you to a world of tranquility and rejuvenation.

# THE HOT STONES \

30'\120€ 60'\230€ 90'\300€

Massage

Immerse yourself in a luxurious journey of relaxation with our Balinese stone massage, enhanced by the indulgent touch of ELEMIS Frangipani Monoi Body Oil. Each meticulously chosen stone, steeped in the essence of Balinese tradition, is expertly worked into your muscles, targeting areas of tension with precision. Experience the rejuvenating power of this exquisite treatment as the warmth from the stones penetrates deep into your muscles, melting away stress and revitalizing your body from head to toe. As the stones glide across your skin, infused with the rich hydration of Frangipani Monoi Body Oil, you'll emerge with a radiant glow and a profound sense of well-being.

# THE INDIAN HEAD & SCALP \

60'∖190€

Massage With Back Massage Experience a transcendent journey of relaxation as we dissolve tension using a harmonious blend of ancient healing techniques. Our skilled therapists seamlessly integrate the ancient Chinese healing massage Tui Na and Japanese Shiatsu to release deep-seated tension, restoring balance to your body and mind. Feel the invigorating energy flow through you as Indian and Thai kneading techniques clear your head and rejuvenate your spirit. The Massage includes a 20-minute relaxing Back Massage.

Add-On

Eye Hydrating Masks whilst enjoying your Head & Scalp Massage

20€

# THE PEACEFUL PREGNANCY \

75'\200€ Session of 4\700€

Massage

Experience the unparalleled tranquility and nurturing of our unique pregnancy massage, tailored specifically for this special time in your life. Our skilled therapists provide an intuitive, sensitive, and deeply relaxing massage that hydrates and moisturizes your skin, supporting its natural expansion to accommodate your growing baby. We use only the most nurturing aromatics, infused with wisdom, empathy, and respect, to create a soothing atmosphere conducive to relaxation and well-being. Allow us to provide you with a sanctuary of calmness and comfort as you journey through this transformative phase of motherhood.

# TREATMENT ENHANCEMENTS \

Treatment
enhancements are
designed to be added
to any spa menu
service and are not
offered as individual
treatments.

Theragun Percussive Therapy 10 €

Cupping Therapy 20 €

Leg Compression Therapy 20' \ 40 €

Sculpting Colon Massage 15' \ 50 €

# HANDS-ON ADVANCED FACIALS \

Using hands as the strongest diagnostic tool in combination with precise massage techniques, technology, and pure natural active ingredients.

# THE FIRMING FACIAL \

### 75'\270€

Clinically proven intelligent skincare and our triple level approach to skin hydration results in transformative results for younger-looking skin. Powered by the ELEMIS ULTRA- SMART technology, with a spotlight on deep-set wrinkles for maximum, multi-faceted facial rejuvenation and skin hydration, skin will be visibly smoother, resilient, and firmer looking. An unsurpassed, line-fighting facial experience. Skin will appear immediately firmer and more radiant after just one treatment.

# THE COLLAGEN BOOSTER FACIAL \

### 75' / 240 €

Powerful resurfacing technology lifts away dead skin cells to smooth, renew and refine, whilst improving the appearance of skin tone and luminosity. Skin is prepped for an infusion of hydration that will double its moisture content, leaving it feeling plump and hydrated, whilst delivering an immediate and visibly tightened effect. After just one treatment, the complexion looks firmer, supremely smooth and rejuvenated.

# THE RESURFACING ENZYME FACIAL \

### 60′ / 230 €

Purify and brighten as skin's texture is transformed. With a spotlight on enlarged pores, blemishes, and blackheads, this unique facial powered by patented Tri-Enzyme technology minimises the look of uneven tone, texture, fine lines, and pigmentation. Dull, uneven, tired-looking skin will appear instantly brighter, smoother, and renewed.

# THE GLOW SUPERFOOD FACIAL \

### 30' / 140 €

Vegan Friendly Your Recipe For Radiance Turn up the brightness with our triple cleanse, melting away makeup, daily pollutants, and grime. Gentle resurfacing dissolves away dead skin cells to reveal healthy and clearer looking skin. A fusion of Superfoods and antioxidant- rich facial oils plump the skin with moisture, whilst helping to nourish and protect. Immediately revealing an out- door-fresh glow, skin is left feeling fresh, radiant, and healthy. Bonus in that all formulas in this facial are vegan friendly.

# TECHNOLOGY COSMECEUTICAL FACIALS \

Latest Technology in skin wellness combined with the most advanced actives.

# THE ULTIMATE FACIAL \

Hydra & Diamond Dermabrasion with Ultrasound

### 90' / 400€

Inspired by Korean Beauty Facials, this is the ultimate face treatment, combining three advanced technologies in one session. The therapy exfoliates and purifies the skin using a superior combination of 3-in-1 liquid and diamond aqua peeling. This process provides deep cleansing, extraction, and hydration, gently removing debris from pores with painless suction. Additionally, modulated ultrasound waves ensure safe and effective penetration of active ingredients, resulting in a rejuvenated appearance with immediate improvements in glow, hydration, and lift. The facial is tailored specifically to your needs, whether targeting anti-wrinkle, lifting, rejuvenation, acne, redness, or tone pigmentation.

## RADIANT RENEWAL \

90' / 380 €

Oxygen, Anion, & LED Facial

Experience the ultimate in skin health with our comprehensive facial treatment, featuring a hyperbaric oxygen dome, negative ions (anions), and LED therapy. This advanced facial deeply cleanses and purifies your skin, eliminating bacteria that cause acne, breakouts, and premature aging. The treatment starts with a thorough cleanse to remove impurities. The hyperbaric oxygen dome then infuses your skin with concentrated oxygen and anions, enhancing skin vitality. LED therapy follows, targeting specific concerns such as acne, inflammation, and signs of aging. The result is an immediate, radiant glow, revealing purified and revitalized skin cells. Treat yourself to this transformative facial and unveil a brighter, healthier complexion. Indulge in the ultimate renewal experience for truly radiant, refreshed skin.

# THE FIRE & ICE FACIAL PEEL \

75' / 250 €

The "Red Carpet Hollywood Facial" by iS CLINICAL A pharmaceutical grade, botanically derived cosmeceutical brand.

A clinically active treatment system designed to resurface the skin, reducing fine lines and wrinkles, smoothing, softening, and encouraging cellular renewal rapidly and safely. Known globally as the "Red Carpet Facial" that A-List Celebrities love before their appearances, it reveals an instant glow, through pharmaceutical grade and botanically derived ingredients. Combined with TheraFace Pro device, using microcurrents, cryo and thermal rings as well as light therapy, for the ultimate skin airbrush effect.

# THE METHOD FACE \

by Augustinus

Bader

The Augustinus Bader Method Face Treatment is a cutting-edge skincare therapy designed to enhance your skin's natural healing and regeneration. It boosts cell communication, supporting hydration, firmness, even pigmentation, and protection against environmental aggressors. The treatment refines the skin through advanced exfoliation and seals in moisture to prevent water loss. Combining science-based formulas, innovative

the fascia and initiates personalized regenerative processes. An Oxygen & LED dome further enhances results and overall skin health.

technology, and expert massage techniques, it stimulates

90' / 400 €



Detox, re-shape and nourish with our high-performance body therapies.

# SKIN DETOX & CONTOURING

# THE DETOX SEAWEED WRAP \

Against Fluid Retention Experience the ultimate detoxification and deep cleansing with our seaweed treatment, designed to rejuvenate your body inside and out. This luxurious treatment combines the finest sea plants and marine algae with aroma-therapeutic actives to leave you feeling refreshed and revitalized. Ideal for reducing the appearance of uneven skin tone and relieving fluid retention, our warm seaweed body mask infused with a detoxifying blend of Juniper and Lemon essential oils is meticulously applied to your body. You'll then be cocooned in a comforting foil wrap, enveloping you in a sense of relaxation and warmth. While you're cocooned, indulge in a deep Thai drainage facial massage and a destress scalp treatment, further enhancing your relaxation and rejuvenation experience. Prepare to emerge from this treatment feeling deeply cleansed, refreshed, and

rejuvenated from head to toe.

### FIRM-UP \

60′ / 230 €

75'\250€

The Contouring & Drainage Body Massage Discover our exclusive treatment designed to enhance skin tone and texture. Our specialized massage techniques are dedicated to smoothing and rejuvenating your skin, promoting a more even and refined appearance. Through stimulating drainage methods, we encourage cellular renewal and detoxification, leaving your skin feeling firmer and revitalized. Experience the transformative effects of this unique treatment and embrace a renewed sense of confidence and vitality.

# TONING & CONTOURING \

30' / 130 € 90' / 280 €

The Targeted Body Treatment

Experience the transformative power of our targeted treatment, formulated to enhance skin tone and texture in key areas. Our potent blend of salts, minerals, and seaweeds works harmoniously to address concerns such as poor skin tone on the hips, thighs, abdomen, and backs of arms. Through a specialized sculpting massage, microcirculation is stimulated, promoting a smoother silhouette and invigorating the entire body. Indulge in the rejuvenating sensation of a cooling rubberized mask infused with superdetoxing caffeine and green clay. Clinically proven Red Algae is then applied to redefine areas prone to sagging, leaving your skin feeling firmer and more toned.

You can choose a localised treatment for 30 minutes: arms, hips & thighs, or abdomen.

## THE METHOD BODY THERAPY \

90' / 300 €

by Augustinus Bader Indulge in our exclusive professional treatment, meticulously crafted around The Method Augustinus Bader – an exquisite skincare regimen harnessing the transformative power of the acclaimed brand's proprietary TFC8® renewal complex. Designed to nurture, firm, and revitalize from head to toe, this bespoke experience is a sanctuary of luxury and efficacy. Embark on a journey of indulgence as your skin is gently rejuvenated with the Augustinus Bader Body Oil and Sea Salt Scrub, delicately buffing away impurities and revealing a radiant glow. Next, luxuriate in a soothing superficial fascia massage, expertly tailored to invigorate tissue metabolism and ignite cellular renewal and repair. Finally, surrender to pure bliss as your entire body is enveloped in the velvety embrace of Augustinus Bader's renowned hero product, The Body Cream. With its clinically proven formula, it diminishes the appearance of cellulite while bestowing a visibly softer, smoother, and more resilient complexion after just one session.

### BODY SCRUBS

# THE CLEANSING SALT SCRUB \

40' \ 110€

Frangipani or Lime & Ginger The extraordinary cleansing power of salt goes to work releasing toxins in this body polishing treatment. The fragranced salt of your choice will gently slough away dead skin cells, encouraging the regeneration of new cells and perfectly prepping the skin. It leaves a smooth and responsive canvas, ready to absorb the deeply nourishing body oil. Delivers velvety soft, invigorated skin.

### SOMA SPA 'RIZES' \

Tucked away in the peaceful backyard of our SOMA SPA, known as RIZES (meaning roots in Greek), our special glamping SOMA SPA cabins are carefully designed to give you the ultimate in comfort and luxury.

Immerse yourself in the calmness of nature while enjoying top-notch spa treatments, all in a cozy sanctuary that feels like a warm hug.

Named after and inspired by elements of nature—the sun (Helios), the stars (Aster), and the moon (Selene)—our therapies use these natural energies to make your experience wonderfully balanced.

These special services are only available in these cabins, along with a variety of other treatments from our menu. Our cabins blend together the best of both worlds—amazing treatments and the beauty of nature at its finest. The SOMA SPA RIZES area also includes Cosmos, our Yoga Tent, and Phaethon, our signature Pilates Tent.

## SOLAR RENEWAL \

90'\230€

#### Massage

Experience the revitalizing power of the sun with our Energetic Massage inspired by the sun (Helios). This treatment combines rhythmic strokes and invigorating techniques to rejuvenate your body and mind. Using deep tissue work and soothing aromatherapy oils, it boosts circulation, relieves muscle tension, and enhances overall well-being. Enjoy this exclusive therapy in our serene glamping Soma Spa cabins and let the radiant energy of Helios leave you feeling vibrant and uplifted.

# STELLAR GLOW \

90'\230€

### Massage With Gua Sha

Experience celestial rejuvenation with our Stellar Glow Massage inspired by the stars (Aster). This transcendent treatment combines soothing massage techniques with revitalizing gua sha to nourish your skin and restore inner harmony. Feel tension melt away as gemstone tools gently release stress and promote circulation, leaving you with a radiant glow. Indulge in the transformative power of our Stellar Glow Massage, where cosmic energy meets rejuvenation for a luminous, refreshed complexion.

## LUNAR SERENITY \

60' \ 190€

### Head Massage

Experience blissful relaxation with our Moonbeam Head Massage, inspired by the tranquil essence of the moon (Selene). Delight in the soothing touch of expert hands as they massage your scalp, releasing tension and promoting deep relaxation. Let the gentle glow of moonlight envelop you as you drift into a state of serenity and calm. Reconnect with your inner peace and emerge feeling refreshed, revitalized, and ready to embrace the beauty of the night sky.

# SPA PACKAGES \

Targeted spa experiences for a holistic and 3D approach to wellness and well-being.

# DETOX & CONTOURING \

3 Days \ 950 €

Day I	The Cellutox Seaweed Body Wrap	/5
	The Contouring & Drainage Massage	60
Day 2	The Targeted Contouring Treatment (Buttocks & Thighs)	30
	Leg Compression Therapy	40
Day 3	The Targeted Contouring Treatment (Abdomen)	30
	The Collagen Booster Facial	60
	5 Days \ 160	)0€
Day 1	The Contouring & Drainage Massage	60
	The Cellutox Seaweed Body Wrap	75
Day 2	The Targeted Contouring Treatment (Buttocks & Thighs)	30
	Leg Compression Therapy	40
Day 3	The Targeted Contouring Treatment (Abdomen)	30
	The Collagen Booster Facial	50
Day 4	The Targeted Contouring Treatment (Arms)	30
	The Contouring & Drainage Massage	60
Day 5	The Cellutox Seaweed Body Wrap	75
	The Glow Superfood Facial	30

# THE SLEEP RECOVERY \

2h00'\360€

The Aromatherapy Massage 90'
The Glow Facial 30'

### 3 days \ 880 €

Day 1	The Aromatherapy Massage	90'
	The Collagen Booster Facial	60'
Day 2	The Indian Head & Scalp Massage with Back Massage	60'
Day 3	The CBD Relaxing Massage	60'
	Leg Compression Therapy	40'

#### SPA TOGETHER \ 90'\320€ (per person) Frangipani Lovers The Deep Tissue Full Body Massage 60' Couple's Retreat The Glow Superfood Facial 30' 90'\300€ (per person) "Mazi" The Aromatherapy Massage 60' Spa Experience The Glow Superfood Facial 30' 2h55'\500€ Soma Spa The Intensely Cleansing Salt Scrub 40' Bride The Fire & Ice Facial 75' Spa Rituals The CBD Relaxing Massage 60' 2h15'\490€ Soma Spa 60' The Deep Tissue Massage Groom The Fire & Ice Facial 60' Spa Rituals Men's Oxygen & LED Add-on 15'

## GENERAL SPA ETIQUETTE \

Our spa and surrounding areas are smoke-free. Please set mobile phones to silent or keep them in your locker to ensure a serene environment.

Kindly leave valuable items in your locker. The spa is not responsible for lost or damaged personal belongings.

Shower before using the pool and heat rooms. Wear a robe and slippers in common areas, and swimwear in heat rooms and while sunbathing. Drink plenty of water, and limit alcohol and coffee.

Spa facilities, including the vitality pool, sauna, steam room, and showers experience, cost 25€ per person for 50min use and are subject to availability.

Health & Cancellation Policy: Complete a Health & Lifestyle Questionnaire upon arrival. Cancellations require 24 hours' notice; late cancellations or no-shows will incur full charges.

Arrival and Treatment: Arrive at least 20 minutes early to enjoy the facilities and be on time for your treatment. Late arrivals may result in shortened treatments without a refund. Wear appropriate swimwear or underwear during treatments.

Comfort and Feedback: Your comfort is our priority. Please inform your therapist of any adjustments needed. We welcome your feedback and hope you enjoy your relaxation experience.

