

**SOMA**  
**SPA** THE FINEST

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## EMBARK \

on a journey into  
the epitome of  
spa excellence at  
Soma Spa  
'The Finest'

The blend of opulence and serenity creates an exclusive haven of tranquility. Our Soma Spa 'The Finest' epitomizes refined relaxation, offering a sanctuary where each therapist undergoes meticulous training to ensure perfection. They bring a bespoke approach, providing each guest with a unique and unparalleled journey of rejuvenation.

At SOMA SPA 'The Finest', your well-being is our paramount concern. Our skilled therapists don't just address your skin concerns; they meticulously attend to them with a level of expertise that defines sophistication. Delving into your personal needs, we create an experience uniquely tailored to you. We are not merely providers of treatments; we are here to transform your desires into a tangible reality. Our treatments represent a seamless fusion of luxury, undeniable results, and profound knowledge, powered by the sophisticated medical-grade formulas of Augustinus Bader, ELEMIS & iS Clinical. From the world's most advanced facials to meticulously curated protocolled massages and detoxifying body treatments, each moment is a testament to the embodiment of spa truth.

Elevate your senses and immerse yourself in indulgence that transcends the ordinary. Welcome to the pinnacle of spa sophistication, where every detail is crafted for your ultimate well-being.



ATHENS RIVIERA



## SIGNATURE SOMA SPA THE FINEST \

Immersion  
Catharsis

Our SOMA Spa Signature Welcome Touch draws inspiration from the timeless ritual of Greek hospitality, inviting you to arrive fully and feel deeply cared for from the moment you enter the treatment room.

Your journey begins with a soothing foot cleansing ritual, where warm compresses infused with fresh lime gently cleanse and revive tired feet. This grounding ceremony symbolizes renewal and welcome, easing the body into a state of comfort and calm while awakening the senses with subtle citrus notes reminiscent of the Mediterranean.

As tension melts away and your energy is restored, mind and body are perfectly prepared to continue into our bespoke and advanced therapies, thoughtfully tailored to your individual needs and desires, and rooted in the holistic traditions of Greece.

## SOMA SPA THE FINEST \

Green  
Promise

At SOMA Spa, we put safety, care, and effectiveness at the heart of everything we do. We are intentional about what we use in our treatments, choosing clean, natural ingredients that are ethically sourced and free from parabens and other harmful additives. Whenever possible, we work with vegan formulations and prioritize sustainably sourced ingredients, always mindful of how they affect both your skin and the world around us.

Caring for you also means caring for our environment. We consciously reduce water use throughout our treatments and select biodegradable or fully recycled disposable materials wherever we can. These may be small, considered steps, but they reflect our ongoing commitment to the well-being of our guests and to the planet we all share.

## OUR PREFERRED BRANDS \

### *ELEMIS*

A global British skincare brand with over 30 years of expertise, ELEMIS combines nature's finest active ingredients with cutting-edge technology. Focused on "truth in beauty," this brand delivers proven results you can see and feel, inside and out.

### *AUGUSTINUS BADER*

Founded by a leading stem cell specialist, Augustinus Bader is a multi-award-winning brand backed by three decades of research. Its revolutionary TFC8 technology supports natural self-healing processes, redefining skincare with science-driven results.

### *iS CLINICAL*

A leader in cosmeceuticals, iS Clinical offers advanced treatments with pharmaceutical-grade, botanically derived ingredients. Trusted by top dermatologists and celebrity aestheticians, it delivers real, visible results that rejuvenate and nourish the skin.

### *CODAGE PARIS*

Inspired by the periodic table, CODAGE Paris formulates treatments using synergistic cocktails of natural ingredients. Each unique composition delivers essential nutrients to meet specific skin needs, creating a personalized skincare experience.

## SIGNATURE SPA THERAPIES \

Inspired by the flora of Greece, the fertile land of our country, the Greek mythological Gods, the therapeutic practices of Hippocrates and Global spa and wellness practices.

### ROOTED IN WELLNESS \

The Olive Spa  
Sanctuary

75' \ 230 €

The Olive Root Spa Journey, inspired by Greece's ancient olive trees. Start with a luxurious full-body massage using olive oil-infused oil, rich in vitamin E to relieve inflammation and nourish your skin. Continue with a face cleansing ritual featuring a clarifying mud mask enriched with rosemary, lemon, kaolin clay, and olive oil for anti-inflammatory and antioxidant benefits, leaving your skin refreshed and glowing.

### HIPPOCRATIC HARMONY MASSAGE \

Aligning  
The Body

60' \ 200 €

This Massage Ritual, inspired by Hippocrates' principles, aims to harmonize body, mind, and spirit. Focused on key areas—the Head & Neck, feet, and abdomen—this therapeutic massage detoxifies and cleanses. It begins with dry brushing to stimulate circulation and ends with a refreshing mist of Kefir Tea water, leaving you revitalized.

Add-on

Add-on a Body Scrub for 20' prior to this therapeutic massage to enhance the detoxification benefits 50 €

### THE HAMMAM RITUAL \

Full Body  
Rejuvenation

45' \ 160 €  
70' \ 210 €

Step into the timeless tradition of the Hammam, a deeply purifying and restorative ritual. Begin in a warm, moist environment to open pores and relax your body. An invigorating exfoliation using a kessa glove, removes impurities, and a lather of aromatic foam gently massaged on your body restores hydration and reduces muscle tension. The ritual is completed with a soothing rinse, leaving you feeling cleansed, balanced, and profoundly relaxed. In the 70-minute, a face and scalp nourishing ritual enhances the experience.

### THERMAL SPA JOURNEY \

50' \ 25 €

Sauna, Steam, Experience Showers,  
Vitality Plunge Pool

## BIOHACKING EXPERIENCES \

Next-generation treatments that combine advanced recovery and sensory technologies to enhance longevity, optimize awareness, and support systemic regeneration. Each session targets a specific system, offering measurable benefits and deep restorative effects

### NEUROSIGHT \

20' \ 70 €

A rapid neural reset using the Therabody neuro-sensory goggles. Gentle vibrations and ocular stimulation works to calm the nervous system, reduce stress, and prime the mind for clarity and focus. This session improves mental alertness, supports cognitive recovery, and encourages deep relaxation in just 20-minutes. The therapy also includes a nourishing foot hydration wrap for added comfort while you enjoy the goggles.

### CIRCADIAN FLOW \

40' \ 110 €

A recovery session combining dynamic pneumatic compression boots with Therabody Smart Goggles. While cycled air pressure improves circulation, stimulates lymphatic drainage, and accelerates cellular recovery, the Smart Goggles provide targeted therapy to support eye and brain wellness, helping to reduce stress and enhance focus. This dual approach helps reduce fatigue, balance metabolism, and leaves the body and mind feeling refreshed, energized, and renewed.

### ENHANCEMENTS \

Hyperbaric Oxygen Face Infusion	40 €
Hydrating Hand Wrap	15 €
Rejuvenating Eye Patches	20 €
Neck Rejuvenating Cream Mask	15 €

## MASSAGE THERAPIES \

Advanced massage sequences  
to unwind and re-charge.

### THE DEEP TISSUE \

#### Massage

40' \ 145 € (back only)  
60' \ 190 €  
90' \ 230 €

Indulge in personalized tranquility with our Deep Tissue Luxury massage, tailored exclusively to your needs. As your skin is prepared to release toxins, our flowing massage technique promotes deep relaxation and circulation, leaving you grounded and focused.

*Choose your Deep Tissue oil blend*

#### Pain Relief

Maritime Pine and Rosemary blend

#### Detox

Sea Fennel and Orange Peel Extract blend

#### Emotional Balance

Coconut, Monoi, and Frangipani Flowers blend

### MUSCULAR RELIEF SPORTS MASSAGE \

#### A Signature Combo of Tech & Hands

90' \ 240 €

(Using Theragun Percussive Therapy by Therabody)  
Experience the ultimate Jet Lag Recovery with our exclusive Signature Massage, crafted by our team of expert physios and therapists to provide maximum relief for overworked muscles and extreme fatigue. This Authentic Massage targets your entire body, combining Deep Tissue techniques with the added benefits of Percussive therapy from Therabody's renowned Theragun. Feel your blood circulation harmonize with your body's physiology as tension melts away, leaving you with a sense of lightness and tranquility. Let us rejuvenate your body and mind, ensuring you're ready to conquer your next adventure feeling refreshed and revitalized.

## THE AROMA-THERAPY \

Massage

Experience true luxury with our aromatherapy hydrating body massage, enriched with a refined blend of Rosewood, Melissa, Marjoram, Geranium, Rosemary, Lavender, and Chamomile oils. Expertly applied to relax the body and nourish the skin, this soothing treatment melts away tension and calms the mind. Let the delicate aromas guide you into deep relaxation, leaving you refreshed and rejuvenated.

30' \ 110 €  
60' \ 180 €  
90' \ 215 €

## THE INDIAN HEAD & SCALP \

Massage With Back Massage

Relax and unwind with a unique blend of ancient healing techniques. Our therapists combine Tui Na and Shiatsu to release deep tension and restore balance, while Indian and Thai methods invigorate the body and mind. This treatment also includes a 20-minute relaxing back massage for complete rejuvenation.

60' \ 180 €

Add-On

Eye Hydrating Masks whilst enjoying your Head & Scalp Massage 20 €

## THE PEACEFUL PREGNANCY \

Massage

Experience deep relaxation with our pregnancy massage, thoughtfully designed for this special time. Our skilled therapists provide gentle, nurturing care to ease tension and support your body as it changes. Enriched with soothing aromatics, this treatment promotes comfort, hydration, and well-being, creating a calm and peaceful space for you to unwind.

75' \ 200 €

## CBD SERENITY MASSAGE \

Drift Into Deep Relaxation

Indulge in a luxurious CBD-infused massage designed to ease pain and reduce inflammation. Our expert therapists use a premium formula that works with your body's natural systems to promote relaxation, balance, and overall well-being. Drift into deep tranquility as tension melts away, leaving you refreshed, restored, and renewed.

60' \ 185 €

## FIRM-UP \

The Contouring & Drainage Body Massage

Discover our exclusive treatment designed to enhance skin tone and texture. Our specialized massage techniques are dedicated to smoothing and rejuvenating your skin, promoting a more even and refined appearance. Through stimulating drainage methods, we encourage cellular renewal and detoxification, leaving your skin feeling firmer and revitalized. Experience the transformative effects of this unique treatment and embrace a renewed sense of confidence and vitality.

60' \ 185 €

## TREATMENT ENHANCEMENTS \

*Treatment enhancements are designed to be added to any spa menu service and are not offered as individual treatments.*

Theragun Percussive Therapy	10 €
Theracup Cupping Therapy	10 €
Foot Scrub & Foot Massage	10 €
Scalp Massage with Hair Treatment	10 €
Dedicated Face Mask	10 €
Hot Stone Back Recovery	30 €
Quartz Stone Bolus Back Recovery	30 €

## HANDS-ON ADVANCED FACIALS \

Using hands as the strongest diagnostic tool in combination with precise massage techniques, technology, and pure natural active ingredients.

## ELEMIS \

### Expert Touch Facials

Experience the ultimate in bespoke skincare. ELEMIS Expert Touch Facials combine luxurious formulas with masterful techniques to revive, sculpt, and illuminate your skin while melting away tension.

Nourish Aromatherapy Facial 30' \ 120 €  
Deeply hydrate and awaken tired, dull skin

Reveal Brightening Facial 50' \ 180 €  
Smooth, refine, and reveal a luminous glow

Renew Pro-Ageing Facial 50' \ 180 €  
Lift, firm, and restore youthful vitality

Men's Rejuvenating Facial 50' \ 180 €  
Energize, renew and hydrate for a healthy complexion

Define Sculpting Facial 80' \ 220 €  
Contour, energize, and rejuvenate for a sculpted finish

TECHNOLOGY  
COSMECEUTICAL FACIALS \

Latest Technology in skin wellness combined with the most advanced actives.

HYDRO  
& DIAMOND  
DERMABRATION  
FACIAL \

Hydra &  
Diamond  
Dermabrasion  
with Ultrasound

60' \ 250 €

Inspired by Korean beauty facials, this advanced treatment combines three technologies in one session. It deeply cleanses, exfoliates, and hydrates the skin using aqua peeling and gentle suction, while ultrasound enhances the absorption of active ingredients. The result is a brighter, smoother, and more lifted complexion. Tailored to your needs, it targets concerns such as aging, acne, redness, and uneven tone.

THE RADIANCE  
REBORN FACIAL \

Oxygen, Anion  
& LED Facial

60' \ 260 €

Reveal healthier, radiant skin with this advanced facial combining a hyperbaric oxygen dome, negative ions, and LED therapy. It deeply cleanses, purifies, and targets concerns like acne, inflammation, and signs of aging. The result is refreshed, revitalized skin with an immediate, luminous glow.

## THE FIRE & ICE FACIAL PEEL \

The “Red Carpet  
Hollywood Facial”  
by iS CLINICAL

60' \ 210 €

*A pharmaceutical grade, botanically derived  
cosmeceutical brand.*

A clinically active treatment system designed to resurface the skin, reducing fine lines and wrinkles, smoothing, softening, and encouraging cellular renewal rapidly and safely. Known globally as the “Red Carpet Facial” that A-List Celebrities love before their appearances, it reveals an instant glow, through pharmaceutical grade and botanically derived ingredients. Combined with TheraFace Pro device, using microcurrents, cryo and thermal rings as well as light therapy, for the ultimate skin airbrush effect.

## THE METHOD LONGEVITY FACIAL \

by  
Augustinus  
Bader

60' \ 250 €  
90' \ 350 €

The Augustinus Bader Method Face Treatment is a cutting-edge skincare therapy designed to enhance your skin's natural healing and regeneration. It boosts cell communication, supporting hydration, firmness, even pigmentation, and protection against environmental aggressors. The treatment refines the skin through advanced exfoliation and seals in moisture to prevent water loss. Combining science-based formulas, innovative technology, and expert massage techniques, it stimulates the fascia and initiates personalized regenerative processes.

## FACIAL ENHANCEMENTS \

*Treatment  
enhancements are  
designed to be added  
to any spa menu  
service and are not  
offered as individual  
treatments.*

Hyperbaric Oxygen Face Infusion	15' \ 50 €
Led Face Mask Therapy	10' \ 30 €
Scalp And Hair Therapy	10' \ 20 €
Compression Boots	20' \ 40 €
Hand Peel & Mask	10' \ 15 €

## BODY THERAPY \

Detox, re-shape and nourish with our high-performance body therapies.

### THE DETOX SEAWEED WRAP \

Against Fluid  
Retention

75' \ 230 €

Detoxify and refresh with our luxurious seaweed treatment, combining marine algae and aromatherapeutic actives. A warm body mask with Juniper and Lemon helps improve skin tone and reduce fluid retention, while a comforting wrap enhances relaxation. Enjoy a Thai drainage facial massage and scalp treatment, leaving you deeply cleansed, revitalized, and renewed from head to toe.

### TONING & CONTOURING \

The Targeted  
Body Treatment

50' \ 180 €  
*(Choose from Thighs or Abdomen)*  
80' \ 240 €  
*(Includes Arms, Thighs & Abdomen)*

This targeted treatment improves skin tone and texture on key areas such as the hips, thighs, abdomen, and arms. A powerful blend of salts, minerals, and seaweed, combined with sculpting massage, helps stimulate circulation and smooth the body's appearance. A cooling detox mask with caffeine and green clay follows, along with red algae to help firm and tone areas prone to sagging, leaving skin refreshed and refined.

### THE CLEANSING SALT SCRUB \

Frangipani or  
Lime & Ginger

40' \ 120€

The extraordinary cleansing power of salt goes to work releasing toxins in this body polishing treatment. The fragranced salt of your choice will gently slough away dead skin cells, encouraging the regeneration of new cells and perfectly prepping the skin. It leaves a smooth and responsive canvas, ready to absorb the deeply nourishing body oil. Delivers velvety soft, invigorated skin.

## SPA PACKAGES \

Targeted spa experiences for a holistic and 3D approach  
to wellness and well-being.

## DETOX & CONTOURING \

3 Days \ 750 €

Day 1	The Cleansing Salt Scrub	40'
	The Contouring & Drainage Massage	60'
Day 2	The Targeted Contouring Treatment ( <i>Buttocks &amp; Thighs</i> )	50'
	Leg Compression Therapy	20'
Day 3	The Detox Seaweed Wrap	75'
	Expert Touch Renew Facial	50'

THE  
SLEEP  
RECOVERY \

2h20' \ 360 €

The Aromatherapy Massage 90'  
Expert Touch Renew Facial 50'

3 days \ 600 €

Day 1 Expert Touch Nourish Facial 60'  
The Collagen Booster Facial 30'

Day 2 The CBD Relaxing Massage 60'

Day 3 The Indian Head & Scalp Massage with Back Massage 60'  
Leg Compression Therapy 20'

SPA  
TOGETHER \

90' \ 320 € (per person)

Frangipani Lovers Couple's Retreat  
The Deep Tissue Full Body Massage 60'  
Expert Touch Nourish Facial 30'

90' \ 300 € (per person)

"Mazi" Spa Experience  
The Aromatherapy Massage 60'  
Expert Touch Nourish Facial 30'

2h40' \ 440 €

Bridal Skin & Body Renewal  
The Intensely Cleansing Salt Scrub 40'  
The Fire & Ice Facial 60'  
The CBD Relaxing Massage 60'

2h15' \ 410 €

Groom Skin & Body Revive  
The Deep Tissue Massage 60'  
The Fire & Ice Facial 60'  
Men's Oxygen & LED Add-on 20'

## SPA ETIQUETTE \

Welcome to our Spa, a sanctuary of serenity and well-being. To ensure an exceptional experience for every guest, we kindly ask you to observe the following guidelines

### ATMOSPHERE OF TRANQUILITY \

Our Spa and its surroundings are strictly smoke-free. Please keep mobile devices on silent or stored away to preserve the peaceful ambiance. Conversations should be conducted in soft tones to respect the calm environment. Photography and video recording are strictly prohibited to maintain privacy and tranquility.

### PERSONAL BELONGINGS \

For your peace of mind, please secure all valuables in your locker or room safe. The Spa cannot accept responsibility for lost or damaged items.

### FACILITIES & ATTIRE \

Kindly shower before using pools or thermal areas. A robe slippers and swimwear are required in common areas. Stay hydrated and limit alcohol or coffee consumption for optimal wellness.

### RESERVATIONS & CANCELLATIONS \

Advance reservations are highly recommended. Arrive at least 15 minutes prior your scheduled appointment to allow time for preparation and ensure your treatment begins promptly. Any delays may result in an adjusted treatment duration without refund. Cancellations require 24 hours' notice; late cancellations or no-shows will incur full charges.

### SPA FACILITIES \

Complimentary use of the Spa Wet Facilities is offered with spa treatments. If you wish to enjoy the spa facilities without booking a treatment, a nominal fee applies. Reservations are required in both cases.

### HEALTH & WELL-BEING \

A Health & Lifestyle Questionnaire must be completed upon arrival. Inform your therapist of any medical conditions and communicate any preferences regarding pressure, temperature, or positioning, so treatments can be tailored to your needs. Disposable undergarments and professional draping are provided for your privacy.

### PERSONALIZED EXPERIENCE \

Enhance your Spa journey with a private consultation to design a treatment plan tailored to your needs. Extend your Spa experience at home with our curated selection of products, available at the Spa reception. Your therapist will recommend products suited to your skin type.

### ADDITIONAL INFORMATION \

Guests under 18 years must have parental consent. Charges will be billed to your room account unless you prefer to pay by cash or credit card. Gift vouchers must be presented at the Spa reception upon arrival.

Please dial extension **7800** for reservations

### OPERATING HOURS \

Spa Facilities Daily **07:00 to 22:00**  
Spa Treatments **09:00 to 21:00**

We invite you to relax, rejuvenate, and immerse yourself in an unparalleled wellness experience.

