

**SOMA**  
**SPA** THE FINEST

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## EMBARK \

on a journey into  
the epitome of  
spa excellence at  
Soma Spa  
'The Finest'

where the harmonious blend of opulence and serenity creates an exclusive haven of tranquillity and calm.

Our Soma Spa 'The Finest' is the pinnacle of refined relaxation, offering a sanctuary where each therapist undergoes meticulous training, striving for perfection. They embody haute couture in their approach, ensuring that every guest is enveloped in a bespoke and unparalleled journey of rejuvenation.

At SOMA SPA 'The Finest', your well-being is our paramount concern. Our skilled therapists don't just address your skin concerns; they meticulously attend to them with a level of expertise that defines sophistication. Delving into your personal needs, we create an experience uniquely tailored to you. We are not merely providers of treatments; we are here to transform your desires into a tangible reality.

Our treatments represent a seamless fusion of luxury, undeniable results, and profound knowledge, powered by the sophisticated medical-grade formulas of Augustinus Bader, ELEMIS & iS Clinical. From the world's most advanced facials to meticulously curated protocolled massages and detoxifying body treatments, each moment is a testament to the embodiment of spa truth.

Elevate your senses and immerse yourself in a level of indulgence that transcends the ordinary. Welcome to the apex of spa sophistication, where every moment is meticulously crafted for your absolute well-being.



**DOMES MIRAMARE**  
CORFU

THE  
**LUXURY**  
COLLECTION



## SIGNATURE SOMA SPA THE FINEST \

Immersion  
Catharsis

Experience the enchanting allure of Greece as soon as you step into our SOMA Spa – THE FINEST Signature sanctuary. Your journey to tranquility begins with our exclusive welcome touch, designed to immerse you in a state of pure bliss.

Picture this: as you enter the treatment room, a wave of serenity washes over you. Our skilled therapists start by gently massaging a luxurious restorative body balm onto your upper back or decollete, melting away tension and inviting deep relaxation. Next, we elevate your senses with a refreshing Aloe Vera Mist, delicately sprayed above your head, followed by an invigorating "Inhalation Tent" infused with the calming scents of essential oils.

Now, completely enveloped in a cocoon of soothing aromas, you're ready to surrender to the ultimate indulgence of our bespoke and advanced Face and Body Therapies. Your journey to rejuvenation awaits...

## SOMA SPA THE FINEST \

Green  
Promise

At SOMA Spa, your safety and well-being are our top priorities. That's why we meticulously select spa products that not only deliver exceptional results but also uphold the highest standards of safety and efficacy.

We take pride in curating brands that harness the power of natural and clean ingredients, sourced with integrity and a deep respect for the environment. All our products are meticulously formulated to be paraben-free and devoid of any harmful substances, ensuring your skin receives only the gentlest care.

In our commitment to sustainability, we prioritize vegan formulations crafted from natural, sustainably sourced ingredients. Our dedication extends beyond product formulation to eco-conscious packaging, utilizing recyclable materials whenever possible.

As stewards of wellness, we recognize our responsibility to both your skin and the planet. That's why we implement measures to minimize our environmental footprint, from reducing water consumption during treatments to opting for biodegradable or fully recycled disposable materials where possible.

Though our efforts may start small, our commitment to fostering a healthier world for our guests and future generations is unwavering. Join us on this journey toward holistic well-being and environmental stewardship at SOMA Spa The Finest.

## OUR PREFERRED BRANDS \

### *ELEMIS*

A skin wellness brand with an aromatherapist's soul, an artist's spirit, and a scientist's commitment to results. An innovative and global British skincare brand with over 30 years of expertise. A brand that believes in "truth in beauty", focusing in delivering proven results with feel-good skincare products combined with cutting-edge patent-ed technology. Nature powers the ELEMIS products: by sourcing natural extracts that catalyse each other and harnessing the power of nature's finest active ingredients, delivering results that you can see and feel, both inside and out.

### *AUGUSTINUS BADER*

Inspired by three decades of groundbreaking research by a celebrated stem cell specialist, Augustinus Bader skincare is backed by the highest caliber of applied science in the industry. A multi-award-winning skincare brand that was launched by Professor Bader, a world-renowned expert in stem cell research whose application of knowledge and science has resulted in a game-changing platform that takes a revolutionary approach to skincare. This is done predominantly via Professor Bader's TFC8, a Trigger Factor Complex, which supports a person's natural self-healing processes.

### *iS CLINICAL*

One of the world's leading Cosmeceuticals, iS Clinical offers technologically advanced treatments, with pharmaceutical grade ingredients, that are botanically derived. Using only the best active ingredients, the products rejuvenate the complexion, while clarifying, balancing, and nourishing the skin. Used by some of the world's leading dermatologists and celebrity aestheticians, it prides itself in real and visible results.



## CORFIOTIC SIGNATURE SPA THERAPIES \

Inspired by the flora of Corfu, the fertile land of our island, the Greek mythological Gods and the therapeutic practices of Hippocrates.

### ROOTED IN WELLNESS \

The Olive Spa  
Sanctuary

75' \ 190 €

Welcome to the Olive Root Spa Journey, drawing inspiration from Corfu's ancient olive trees, some dating back over 400 years. Your experience commences with a luxurious full-body massage utilizing a unique blend of olive oil-infused massage oil. Rich in vitamin E, this blend offers relief from inflammation and pain, leaving your skin nourished and radiant. Continue your journey with a rejuvenating face cleansing ritual featuring our clarifying mud mask. Enriched with rosemary, lemon, kaolin clay, and olive oil, this mask boasts potent anti-inflammatory and antioxidant properties, gently purifying and revitalizing your complexion. Experience the natural antibiotic benefits of olive oil, leaving your skin refreshed and glowing. Immerse yourself in the essence of the olive tree, embracing its timeless wisdom as you embark on a path to wellness and renewal.

### ENCHANTED EUPHORIA \

The Mytology  
Massage At  
Koryfo  
Of Senses

60' \ 160 €

Embracing the rich history of our island, Corfu, derived from the Byzantine name **Κορυφώ** (Korypho'), meaning "city of the peaks," we present a transcendent ritual crafted to elevate your senses to new heights. Drawing inspiration from this profound heritage, our team of experts has meticulously developed a holistic massage experience designed to guide you to the pinnacle of relaxation. Rooted in gentle, soothing techniques, this ritual nurtures your mind and body, fostering a profound connection to your inner self. Inspired by Corfu's lush flora, we harness the therapeutic essence of pine and eucalyptus. These botanical wonders possess remarkable associations with the nervous system, gently coaxing your body into a state of tranquility and harmony. Allow the aromatic embrace of these natural treasures to transport you to a place of deep serenity, where stress and tension melt away, and a profound sense of peace prevails.

## HIPPOCRATIC HARMONY MASSAGE \

Aligning  
The Body

60' \ 160 €

This Massage Ritual draws its inspiration from the timeless Massage Principles of Hippocrates, the revered advocate of massage therapy. Hippocrates described massage as "friction or rubbings," emphasizing its ability to induce relaxation, stimulate circulation, and promote overall well-being. Building upon these ancient teachings, our massage ritual is designed to harmonize the body, mind, and spirit. Centered around the concept of balance, this therapeutic massage targets key areas of the body: the Head & Neck, regarded as the crown of the body; the feet, considered the foundation; and the abdomen, recognized as the center of the body's vitality. Through gentle yet effective techniques, our massage aims to detoxify and cleanse, fostering a healthier internal system. This holistic approach begins with a revitalizing dry brushing of the body, stimulating circulation and preparing the skin for optimal absorption of nutrients. The ritual culminates with a delicate mist of Kefir Tea water, awakening the senses and leaving you feeling refreshed and rejuvenated.

## SIGNATURE SPA THERAPIES \

Global exclusives that are ingredient and results-focused using massage techniques from all over the world, powered by natural actives, science, and skin technologies.

### CBD SERENITY MASSAGE \

60' \ 160 €

Drift Into Deep  
Relaxation

Immerse yourself in a realm of opulence as our expertly trained therapists skillfully apply our premium CBD-infused massage formula. Designed to target and alleviate pain and inflammation, this exclusive blend permeates the skin, activating the brain's endocannabinoid receptors with unparalleled finesse. As the compound permeates through your skin, it ignites a symphony of responses within the endocannabinoid system, a vital regulator of immune function, digestion, mood, and sleep. Feel yourself being gently guided into a state of sublime tranquility as your body effortlessly transitions into a state of rest and rejuvenation. With each expertly executed stroke, we coax your body to release all traces of toxins, paving the way for an unparalleled state of relaxation and renewal.

### MUSCULAR RELIEF THERAPY \

90' \ 190 €

A Signature  
Combo  
Of Tech  
& Hands

*(Using Theragun Percussive Therapy by Therabody)*

The perfect Jet Lag Recovery, a true Signature Experience like no other. This Authentic Massage has been developed by our Expert team of physios and therapists to ensure the maximum recovery for overworked muscles and extreme fatigue. The Massage focuses on all the body with a combination of Deep Tissue techniques and the additional Percussive therapy benefits from Therabody, using the legendary Theragun. This ensures that blood circulation works in perfect harmony with your body's physiology whilst giving you the feeling of lightness and calm.

Add-On

Recovery Compression Boots

20' \ 40 €



## MASSAGE THERAPIES \

Advanced massage sequences  
to unwind and re-charge.

### THE DEEP TISSUE \

#### Massage

Indulge in personalized tranquility with our ELEMIS Deep Tissue Luxury massage, tailored exclusively to your needs. As your skin is prepared to release toxins, our flowing massage technique promotes deep relaxation and circulation, leaving you grounded and focused.

*Choose your Deep Tissue oil blend*

#### Pain Relief

Maritime Pine and Rosemary blend

#### Stress Reduction

Lavender and Chamomile blend

#### Detox

Sea Fennel and Orange Peel Extract blend

#### Emotional Balance

Coconut, Monoi, and Frangipani Flowers blend

30' \ 90 €  
60' \ 150 €  
90' \ 175 €

### THE BESPOKE HIGH-TECH \

#### Massage Therapy

Choose three areas of concern from the below list, and our therapists will dedicate 30 minutes to each during one comprehensive session. With a focus on Deep Tissue Techniques, your body will feel rejuvenated and free from aches. This massage includes Percussive Therapy with Theragun and Compression Therapy on the legs at the end.

Back, Shoulders & Lower Back

Back of Legs

Front of Legs

Hand & Arm

Head, Scalp & Face

120' \ 200 €

*\*includes an overall 10-minutes of Percussive therapy with Theragun and 20-minutes of Recovery Air Jet boots Compression Therapy at the end of the session.*

## THE AROMA-THERAPY \

Massage

Enjoy the epitome of luxury with our aromatherapy hydrating body massage, a lavish experience powered by the pure essence of true aromatherapy. Delight in a hand-selected blend of Rosewood, Melissa, Marjoram, Geranium, Rosemary, Lavender, and Chamomile essential oils, meticulously crafted to elevate your senses and nourish your skin with unparalleled opulence. Surrender to the soothing touch of our expert therapists as they skillfully massage this precious synergy into your skin, allowing tension to melt away and your mind to drift into a state of blissful relaxation. Let the rich aroma envelop you, transporting you to a world of tranquility and rejuvenation.

60' \ 150 €  
90' \ 175 €

## THE HOT STONES \

Massage

Immerse yourself in a luxurious journey of relaxation with our Balinese stone massage, enhanced by the indulgent touch of ELEMIS Frangipani Monoi Body Oil. Each meticulously chosen stone, steeped in the essence of Balinese tradition, is expertly worked into your muscles, targeting areas of tension with precision. Experience the rejuvenating power of this exquisite treatment as the warmth from the stones penetrates deep into your muscles, melting away stress and revitalizing your body from head to toe. As the stones glide across your skin, infused with the rich hydration of Frangipani Monoi Body Oil, you'll emerge with a radiant glow and a profound sense of well-being

30' \ 100 €  
60' \ 160 €  
90' \ 180 €

## THE INDIAN HEAD & SCALP \

Massage  
With Back  
Massage

Experience a transcendent journey of relaxation as we dissolve tension using a harmonious blend of ancient healing techniques. Our skilled therapists seamlessly integrate the ancient Chinese healing massage Tui Na and Japanese Shiatsu to release deep-seated tension, restoring balance to your body and mind. Feel the invigorating energy flow through you as Indian and Thai kneading techniques clear your head and rejuvenate your spirit. The Massage includes a 20-minute relaxing Back Massage.

60' \ 140 €

Add-On

Eye Hydrating Masks whilst enjoying your Head & Scalp Massage 20 €

## THE SWEDISH MASSAGE \

60' \ 140 €

From head to toe, experience a transformative journey beyond a simple massage. Begin with a gentle dry brushing, followed by the application of warm aromatherapy oils tailored to your needs. Feel your mind and body deeply relax as tensions melt away, leaving you rejuvenated and refreshed.

## THERAGUN ADD ON \

10 €

Discover our handheld Percussive Therapy device, engineered to naturally target muscle pain. Its rapid pressure application boosts blood flow and oxygen levels, relieving soreness, improving mobility, and aiding recovery. Enhance any massage with this portable device for extra relief and relaxation.

## ADVANCED FACIALS \

Using hands as the strongest diagnostic tool in combination with precise massage techniques and pure natural active ingredients.

### THE ABSOLUTE GENIUS FACIAL \

Your Line-  
fighting  
Superhero  
Facial

75' \ 180 €

Clinically proven intelligent skincare and our triple level approach to skin hydration results in transformative results for younger-looking skin. Powered by the ELEMIS ULTRA- SMART technology, with a spotlight on deep-set wrinkles for maximum, multi-faceted facial rejuvenation and skin hydration, skin will be visibly smoother, resilient, and firmer looking. An unsurpassed, line-fighting facial experience. Skin will appear immediately firmer and more radiant after just one treatment.

### THE LINE SMOOTHING & HYDRATING FACIAL \

The HIIT  
Workout  
For Your  
Skin

50' / 150 €

Powerful resurfacing technology lifts away dead skin cells to smooth, renew and refine, whilst improving the appearance of skin tone and luminosity. Skin is prepped for an infusion of hydration that will double its moisture content, leaving it feeling plump and hydrated, whilst delivering an immediate and visibly tightened effect. After just one treatment, the complexion looks firmer, supremely smooth and rejuvenated.

### THE RESURFACING FACIAL \

(Cleansing Facial)  
Resurfacing  
For Stunningly  
Smooth Skin

50' / 150 €

Purify and brighten as skin's texture is transformed. With a spotlight on enlarged pores, blemishes, and blackheads, this unique facial powered by patented Tri-Enzyme technology minimises the look of uneven tone, texture, fine lines, and pigmentation. Dull, uneven, tired-looking skin will appear instantly brighter, smoother, and renewed.

## THE GLOW FACIAL \

Vegan Friendly  
Your Recipe  
For Radiance

30' / 90 €  
50' / 130 €

Turn up the brightness with our triple cleanse, melting away make-up, daily pollutants, and grime. Gentle resurfacing dissolves away dead skin cells to reveal healthy and clearer looking skin. A fusion of Superfoods and antioxidant- rich facial oils plump the skin with moisture, whilst helping to nourish and protect. Immediately revealing an out- door- fresh glow, skin is left feeling fresh, radiant, and healthy. Bonus in that all formulas in this facial are vegan friendly.

## THE MEN'S PRO-AGEING FACIAL \

The well-ageing  
Facial for  
Men's Skin

50' \ 130 €

This is the hard-working facial for ageing, stressed, dehydrated skin and tired eyes. An energising treatment that speaks to every skin concern, restoring vital moisture and nutrient levels. Multi-dynamic facial massage sequences boost circulation, whilst targeted scalp and foot massages deeply relax.

## THE SUPER HIGH-TECH FACIAL \

Powered By  
ELEMIS BIOTEC

50' / 170 €  
75' / 190 €

Combining scientific expertise with the artistry of hands-on therapy, our facials offer a revolutionary experience that merges the best of both worlds: High-Tech Skin Technologies and Touch. Designed for ultimate skin rejuvenation, this innovative approach ensures immediate and long-term results. Experience the perfect synergy of advanced skincare techniques and personalized touch, promising a transformative journey for your skin.

Choose from the below High-Tech Facials:

*The Tech Absolute Genius Facial 75'*

Includes: Ultrasonic, Microcurrent, Galvanic, Light Therapy & Oxygen Infusion

*The Tech Smooth & Hydrating Facial 50'*

Includes: Ultrasonic, Microcurrent & Oxygen Infusion

*The Tech Resurfacing Facial 50'*

Includes: Ultrasonic, Light Therapy, Galvanic

## THE FIRE & ICE FACIAL \

The "Red Carpet  
Hollywood Facial"  
by iS CLINICAL

60' / 170 €

*A pharmaceutical grade, botanically derived  
cosmeceutical brand.*

A clinically active treatment system designed to resurface the skin, reducing fine lines and wrinkles, smoothing, softening, and encouraging cellular renewal rapidly and safely. Known globally as the "Red Carpet Facial" that A-List Celebrities love before their appearances, it reveals an instant glow, through pharmaceutical grade and botanically derived ingredients.

## DÈESSE PRO EXPRESS \

Led Mask  
Add-On

10' / 35 €

Focusing on two clinically proven wavelengths of light 633nm (red) and 830nm (Near Infra-Red) we stimulate collagen and elastin production and improve circulation and tissue oxygenation. The Deesse Pro™ Express uses low-level light therapy (LLLT) to expose the skin to red and Near Infra-Red wavelengths of light, delivered at a safe therapeutic dose, to stimulate a natural cellular response across one treatment mode. You can add this therapeutic and anti-ageing technology to any choice of treatments.

## THE METHOD FACE \

by  
Augustinus  
Bader

60' / 250 €  
90' / 350 €

**AUGUSTINUS  
BADER**

The Method Face treatment by Augustinus Bader is a one-of-a-kind, highly sophisticated skincare skin therapy. It was created to boost cell communication to support the body's innate biological wisdom to self-heal and regenerate. The Method supports cell activity, which is responsible for balanced hydration, firmness, equal pigmentation, and protection of the skin, to fight against intrinsic and extrinsic aggressors. It refines the surface by boosting the exfoliation metabolism and sealing the skin to prevent TEWL (Transepidermal Water Loss). The combination of science-based formulas, cutting-edge technology and state-of-the-art massage techniques send an external trigger to the fascia, namely the tissue; this is where all the cell communication processes take place. This synergy delivers highly targeted individual stimulation, triggering a sequence of highly individualized regenerative processes. Augustinus Bader products could be thought of as a toolbox that the skin yields the most benefits from. These creations resolve all skin-related problems effectively, taking the optimal amount of time to attain the most suitable solution for individual skin needs.

## PREGNANCY \

Nurturing aromatics along with wisdom, empathy and respect for pregnancy safe treatments.

### THE PEACEFUL PREGNANCY MASSAGE \

Pregnancy  
Massage

75' \ 160 €

Experience the unparalleled tranquility and nurturing of our unique pregnancy massage, tailored specifically for this special time in your life. Our skilled therapists provide an intuitive, sensitive, and deeply relaxing massage that hydrates and moisturizes your skin, supporting its natural expansion to accommodate your growing baby. We use only the most nurturing aromatics, infused with wisdom, empathy, and respect, to create a soothing atmosphere conducive to relaxation and well-being. Allow us to provide you with a sanctuary of calmness and comfort as you journey through this transformative phase of motherhood.

### THE PEACEFUL PREGNANCY \

Face & Body  
Experience

2h35' \ 290 €

Peaceful Pregnancy Massage	75'
The Glow Facial (Vegan Friendly)	50'
Foot Treatment	30'



## BODY THERAPY \

Detox, re-shape and nourish with our high-performance body therapies.

### THE CELLUTOX SEAWEED WRAP \

Against Fluid  
Retention

#### SKIN DETOX & CONTOURING

75' \ 170 €

Experience the ultimate detoxification and deep cleansing with our seaweed treatment, designed to rejuvenate your body inside and out. This luxurious treatment combines the finest sea plants and marine algae with aroma-therapeutic actives to leave you feeling refreshed and revitalized. Ideal for reducing the appearance of uneven skin tone and relieving fluid retention, our warm seaweed body mask infused with a detoxifying blend of Juniper and Lemon essential oils is meticulously applied to your body. You'll then be cocooned in a comforting foil wrap, enveloping you in a sense of relaxation and warmth. While you're cocooned, indulge in a deep Thai drainage facial massage and a de-stress scalp treatment, further enhancing your relaxation and rejuvenation experience. Prepare to emerge from this treatment feeling deeply cleansed, refreshed, and rejuvenated from head to toe.

### THE CONTOURING & DRAINAGE \

Body  
Massage

60' / 160 €

Discover our exclusive treatment designed to enhance skin tone and texture. Our specialized massage techniques are dedicated to smoothing and rejuvenating your skin, promoting a more even and refined appearance. Through stimulating drainage methods, we encourage cellular renewal and detoxification, leaving your skin feeling firmer and revitalized. Experience the transformative effects of this unique treatment and embrace a renewed sense of confidence and vitality.

## THE TARGETED CONTOURING & TONING \

BodyTreatment

30' / 90 €  
90' / 180 €

Experience the transformative power of our targeted treatment, formulated to enhance skin tone and texture in key areas. Our potent blend of salts, minerals, and seaweeds works harmoniously to address concerns such as poor skin tone on the hips, thighs, abdomen, and backs of arms. Through a specialized sculpting massage, micro-circulation is stimulated, promoting a smoother silhouette and invigorating the entire body. Indulge in the rejuvenating sensation of a cooling rubberized mask infused with super-detoxing caffeine and green clay. Clinically proven Red Algae is then applied to redefine areas prone to sagging, leaving your skin feeling firmer and more toned.

*You can choose a localised treatment for 30 minutes: arms, hips & thighs, or abdomen.*

## THE CLEANSING SALT SCRUB \

Frangipani or  
Lime & Ginger

40' \ 85€

The extraordinary cleansing power of salt goes to work releasing toxins in this body polishing treatment. The fragranced salt of your choice will gently slough away dead skin cells, encouraging the regeneration of new cells and perfectly prepping the skin. It leaves a smooth and responsive canvas, ready to absorb the deeply nourishing body oil. Delivers velvety soft, invigorated skin.

## THE CAROB BODY SCRUB \

40' \ 85€

Using our Carob Body Scrub, we eliminate dead skin cells and kick-off the detoxification process of your body. Texture is refined, leaving you with soft and supple skin. The enveloping scent of Carob will uplift your senses and reunite your spirit. We finish this luxurious body exfoliation with the application of a concentrated body milk to ensure that necessary moisture is locked into the skin. Carob takes its name from the Greek "Keration"; Carob Trees grow mainly in the Mediterranean region and are often used as an alternative sweet indulgence to sugar.

## HANDS & FEET \

Manicure	55 €
Pedicure	65 €
Soak Off Manicure Gel	65 €
Soak Off Pedicure Gel	75 €
Removal Of Soak Gels (Hands Or Feet)	20 €

## SPA PACKAGES \

Targeted spa experiences for a holistic and 3D approach to wellness and well-being.

## DETOX & CONTOURING \

3 Days \ 650 €

Day 1	The Cellutox Seaweed Body Wrap	75'
	The Contouring & Drainage Massage	60'
Day 2	The Targeted Contouring Treatment (Buttocks & Thighs)	30'
	The Smooth+ Facial (using BIOTEC 1.0)	50'
Day 3	The Targeted Contouring Treatment (Abdomen)	30'
	The Smooth Facial	50'

5 Days \ 950 €

Day 1	The Cellutox Seaweed Body Wrap	75'
	The Contouring & Drainage Massage	60'
Day 2	The Targeted Contouring Treatment (Buttocks & Thighs)	30'
	The Smooth+ Facial (using BIOTEC 1.0)	50'
Day 3	The Targeted Contouring Treatment (Abdomen)	30'
	The Smooth Facial	50'
Day 4	The Targeted Contouring Treatment (Arms)	30'
	The Contouring & Drainage Massage	60'
Day 5	The Cellutox Seaweed Body Wrap	75'
	The Glow Facial	30'

FINDING  
EQUILIBRIUM  
THROUGH  
RELAXATION \

3 Days \ 540 €

Day 1	The CBD Massage	60'
	The Foot Treatment	30'
Day 2	The Aromatherapy Massage	90'
Day 3	The Deep Tissue Full Body Massage	60'
	The Glow Facial	50'

PRO -  
AGEING  
BOOTCAMP \

3 Days \ 580 €

Day 1	The Genius Facial	75'
	The Targeted Contouring Treatment (Abdomen or Thighs)	30'
Day 2	The Glow Facial	50'
Day 3	The Genius+ Facial (using BIOTEC 1.0)	75'
	The Targeted Contouring Treatment (Abdomen or Thighs)	30'

THE  
SLEEP  
RECOVERY \

2h20' \ 270 €

The Aromatherapy Massage	90'
The Glow Facial	50'

3 days \ 550 €

Day 1	The Aromatherapy Massage	90'
	The Glow Facial	50'
Day 2	The Indian Head & Scalp Massage with Back Massage	60'
Day 3	The CBD Relaxing Massage	60'
	The Foot Treatment	30'

SPA  
TOGETHER \

90' \ 215 € (per person)

Frangipani Lovers Couple's Retreat	The Deep Tissue Full Body Massage	60'
	The Glow Facial	30'

90' \ 215 € (per person)

"Mazi" Spa Experience	The Aromatherapy Massage	60'
	The Glow Facial	30'

2h30' \ 340 €

Soma Spa Bride Spa Rituals	The Intensely Cleansing Salt Scrub	40'
	The Smooth Facial ( <i>using BIOTEC 1.0</i> )	50'
	The CBD Relaxing Massage	60'

2h30' \ 310 €

Soma Spa Groom Spa Rituals	The Deep Tissue Massage	60'
	The Pro-Glow Men's Facial with LED Light	60'
	Men's Pedicure	



## SPA GENERAL ETIQUETTE \

Soma Spa and its environs are strictly no smoking areas. We do not allow mobile phones in our customer areas, please leave them switched on in your room. This is the time for your body and mind to release the worries and stresses of the day. Please conduct all conversations at levels consistent with a relaxing Spa environment.

Please leave all items of value in your locker. The Spa is not responsible for loss of or damage to a guest's personal belongings. Always shower before using pool facilities and between heat rooms. A robe and slippers should be worn in all common areas and swimwear is compulsory in all Thermae heat rooms and whilst sunbathing. Please ensure you drink plenty of fluid to rehydrate after use of our heat treatments and that alcohol and coffee consumption is kept to a minimum.

All guests will be required to complete and sign a Health & Lifestyle Questionnaire upon arrival, prior to entrance to the facilities. If you have a gift voucher, please remember to bring this with you on the day to hand to Spa Reception. All facilities are subject to availability.

Please notify us at least 24 hours in advance for any cancellations. Any cancellation or rescheduling with less than 24 hours of notice or no-show appointments, will result in the full cost of scheduled service to be charged.

The Spa facilities, which currently include an indoor heated pool, dry sauna, ice therapy and use of fully equipped locker rooms, have an extra cost of €25 per person for 50 minutes of use and are also subject to our cancellation policy.

## WHEN TAKING A TREATMENT \

Please arrive in good time to enjoy the facilities and ensure that you are ready to be collected by your therapist at the allotted time. Time lost through late arrival will result in a shortened or amended treatment being offered without refund. Underwear or suitable swimwear should be worn going into the treatment room and during treatments.

For some treatments you will be provided with disposable undergarments by your therapist, and suitable towel draping will be always used. During treatments, please let your therapist know if you are comfortable or uncomfortable, too warm, or too cold, or if their pressure is too light or too firm.

Your comfort and care is our greatest concern and priority. If you have a particular injury or physical condition, please explain it to the therapist. They can suggest appropriate adjustments to the treatment for your comfort and enhancement.

There is no pressure to talk during a treatment. It is entirely up to you. If you have any questions or would like to talk, certainly do so. The therapist will take their cues from you. If you are quiet, they will be too.

We hope you enjoy this interlude of pampering and relaxation. Your comments are always welcome.



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