

SOMA
SPA THE AMUSE

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WELCOME \

to the
dazzling
realm of
Soma Spa
'The Amuse'

the place where relaxation meets a playful vibe! It's not just about calming your body; it's about doing it in the most fun way imaginable. Picture an atmosphere where everything is lively, uplifting, and boredom is officially banned!

From our body-melting massages to our glow facials that'll have you ready to hit the party scene as the absolute shining star, we've got your back (and skin) for the best kind of revelry.

Recovery treatments and detox body indulgences bring a dose of chill to you and your body. Whether you're flying solo or sharing the bliss with a special someone, this is a moment that goes down in the fun-hall-of-fame—a memory-making, wellness-embracing escapade.

Powered by the chic touch of Codage Paris, and the sassy vibes of ELEMIS, our treatments are the sexiest rendition of protocols in the market. Our therapists are here to embrace the luxury of uplifting you, ensuring every moment is filled with joy and a touch of chic playfulness.

Because at Soma Spa 'The Amuse', we're all about turning well-being into a fabulous affair!

DOMES NORUZ CHANIA



WELCOME HOME \

Signature
Soma Spa
Immersion
Catharsis

Immerse yourself in a journey of tranquility with our SOMA Spa THE AMUSE Signature welcome touch, designed to infuse the enchanting spirit of Greece into your treatment experience. We begin by inviting you to a soothing foot-cleansing ritual, washing away the day and preparing your senses for pure relaxation. Next, a nourishing body balm is expertly massaged onto your upper back or décolleté, melting tension and lulling you into bliss.

As your body unwinds, we shower you in the refreshing mist of Aloe Vera, high above your head, followed by a spritz of our Kefir Tea Mist Antioxidant Spray, a playful boost for your skin and senses. To complete this awakening, you are guided into an “Inhalation Tent” infused with the calming aromas of Lavender and Lime Essential Oils.

With your body and senses fully awakened, you are then invited to indulge in our bespoke Face and Body Therapies, each meticulously tailored to your unique needs and desires.

YES, WE CARE \

A Soma Spa
‘The Amuse’
Green
Policy

At SOMA Spa, we put safety, care, and effectiveness at the heart of everything we do. We are intentional about what we use in our treatments, choosing clean, natural ingredients that are ethically sourced and free from parabens and other harmful additives. Whenever possible, we work with vegan formulations and prioritize sustainably sourced ingredients, always mindful of how they affect both your skin and the world around us.

Caring for you also means caring for our environment. We consciously reduce water use throughout our treatments and select biodegradable or fully recycled disposable materials wherever we can. These may be small, considered steps, but they reflect our ongoing commitment to the well-being of our guests and to the planet we all share.

SOMA SPA \

Our
Preferred
Brands

ELEMIS

is a globally renowned skincare brand that harmoniously blends powerful natural ingredients with advanced scientific innovation. Using carefully sourced botanical and marine actives, ELEMIS creates high-performance formulas that deliver visible, transformative results. Known for its luxurious textures and sensorial experiences, each treatment supports skin health while offering a deeply indulgent and restorative journey.

iS CLINICAL

is a results-driven skincare brand known for its advanced, science-based formulations. Developed through extensive clinical research, its products combine pharmaceutical-grade botanicals with innovative active ingredients to improve skin health, clarity, and vitality. Respected by professionals worldwide, iS Clinical delivers proven results while supporting the skin’s long-term strength and resilience.

CODAGE PARIS

is a contemporary French skincare house rooted in precision, customization, and clinical expertise. Inspired by pharmaceutical standards, its formulations combine high concentrations of active ingredients with exceptional purity to address individual skin needs. Each product is designed to restore balance, enhance skin performance, and deliver targeted, visible results through a personalized approach to skincare.

SIGNATURE TREATMENTS \

Inspired by the flora of Crete, the Greek mythological Gods and the therapeutic practices of Hippocrates.

YES HONEY \

Body
& Face
Ritual

75' \ 185 €

This ritual commences with a tranquil full-body massage from head to toe, ensuring relaxation and rejuvenation. It culminates with a refreshing face cleansing experience, featuring a Honey Enzyme Peel renowned for its potent anti-inflammatory and antioxidant properties, along with its natural antibiotic benefits. This holistic treatment offers a truly relaxing and revitalizing experience for both the body and face.

BACK IN TIME \

Hippocratic
Therapeutic
Massage

60' \ 170 €

This Massage Ritual draws inspiration from the Massage Principles of Hippocrates, a pioneer in the field of massage therapy. Hippocrates advocated for massage techniques characterized by friction or rubbings, aiming to induce relaxation while also promoting constriction, thickening, and thinning. With a holistic healing approach, this massage focuses on key areas: the Head & Neck as the crown of the body, the feet as its foundation, and the abdomen as its center, aiming to promote a healthier system through targeted detoxification and cleansing. Offering a comprehensive therapeutic experience, the ritual begins with dry brushing of the body and concludes with a refreshing mist of Kefir Tea water, awakening the senses and leaving you feeling revitalized.

WET FACILITIES JOURNEY \

Sauna
Steam
Indoor Pool

30' \ 25 €
60' \ 40 €

BIOHACKING EXPERIENCES \

Next-generation treatments that combine advanced recovery and sensory technologies to enhance longevity, optimize awareness, and support systemic regeneration. Each session targets a specific system, offering measurable benefits and deep restorative effects.

NEUROSIGHT \

20' \ 50 €

A rapid neural reset using Therabody neuro-sensory goggles. Gentle vibrations and guided ocular stimulation work together to calm the nervous system, reduce stress, and prepare the mind for clarity and focus. This 20-minute session enhances mental alertness, supports cognitive recovery, and promotes deep relaxation. The therapy also includes a nourishing foot hydration wrap for added comfort while you enjoy the goggles.

CIRCADIAN FLOW \

45' \ 100 €

A recovery session combining dynamic pneumatic compression boots with Therabody Smart Goggles. While cycled air pressure improves circulation, stimulates lymphatic drainage, and accelerates cellular recovery, the Smart Goggles provide targeted therapy to support eye and brain wellness, helping to reduce stress and enhance focus. This dual approach helps reduce fatigue, balance metabolism, and leaves the body and mind feeling refreshed, energized, and renewed.

ENHANCEMENTS

Hydrating Hand Wrap	15 €
Rejuvenating Eye Patches	20 €
Neck Rejuvenating Cream Mask	15 €

MASSAGE THERAPIES \

Advanced massage sequences
to unwind and re-charge.

A CULT CLASSIC \

Deep Tissue
Massage

40' \ 110 €
60' \ 155 €
90' \ 185 €

Customized to meet your individual needs, this experience leaves you feeling centered and rejuvenated. We carefully select an ELEMIS Luxury aromatic oil tailored to address your specific concerns, whether it be muscle pain, stress relief, pure relaxation, or emotional balance. Your skin is expertly prepared to release toxins, allowing the flowing massage to penetrate deeper into tension areas, promoting optimal circulation. This tailored approach ensures that you leave feeling grounded, focused, and completely revitalized.

ESSENCE OF CALM \

Aromatherapy
Swedish Massage

30' \ 90 €
60' \ 145 €
90' \ 175 €

A true source of stress-relief, this enveloping massage soothes and relaxes for a moment of pure well-being. Tension is released and the skin is left nourished, deeply moisturized and incredibly soft.

DREAM ON \

60' \ 145 €

Head & Scalp
Massage
With Back
Massage

Experience the release of tension with a unique fusion of ancient healing techniques. Our massage combines the ancient Chinese healing massage Tui Na and Japanese Shiatsu to dissolve tension. Additionally, Indian and Thai kneading techniques are incorporated to invigorate and clear your mind, leaving you feeling refreshed and rejuvenated.

BODY FIX \

60' \ 150 €

Contouring &
Drainage Body
Massage

This treatment provides a concentrated action against uneven skin texture. The toning massage helps alleviate dimples and reduces the appearance of "orange-peel" skin. The drainage-stimulating massage techniques promote the elimination of uneven skin texture and encourage regeneration. This treatment stimulates microcirculation for a true sensation of comfort and lightness. Using a Contouring Body oil containing 100% Natural plant extracts, it helps eliminate toxins and prevents skin sponginess, providing an exhilarating experience for tired muscles. A blend of Clary Sage, Ginger, Carrot Seeds, Cedar, and Gaiac Essential Oils lock in moisture and encourage your body to release toxins completely.

MAMA TO BE \

75' \ 170 €

Pregnancy
Massage

Indulge in our unique pregnancy massage, designed to provide profound nurturing and tranquility. This intuitive, sensitive, and deeply relaxing massage focuses on hydrating and moisturizing the skin as it expands to accommodate your growing baby. We use only nurturing aromatics, infused with wisdom, empathy, and respect, ensuring a truly soothing and comforting experience for both you and your baby.

FUTURISTIC BLEND \

90' \ 195 €

A Sports
Massage combo
of Tech & Hands

(Using Theragun Percussive Therapy by Therabody)

Experience the ultimate Jet Lag Recovery with our unparalleled Signature Massage, a truly unique and authentic experience. Developed by our expert team of physios and therapists, this massage is designed to facilitate maximum recovery for overworked muscles and extreme fatigue. By targeting the entire body with a blend of Deep Tissue techniques and the additional benefits of Percussive therapy from Therabody's legendary Theragun Elite, this massage ensures that blood circulation harmonizes perfectly with your body's physiology. Feel a sense of lightness and tranquility as tension melts away, leaving you rejuvenated and calm.

CLOUD HIGH \

60' \ 150 €

CBD Relaxing
Massage

This CBD Massage is specifically tailored to alleviate pain and inflammation, expediting the recovery process. The endocannabinoid receptors in your brain readily respond to the compound, which penetrates the skin, thereby stimulating the endocannabinoid system. This system is crucial for various bodily functions including immune function, digestion, mood, and sleep regulation. As the body transitions into a rest-and-digest state, massaging the areas of concern encourages the release of toxins and promotes maximum relaxation. Experience the soothing benefits of CBD, helping you achieve a state of profound relaxation and wellness.

A LITTLE MORE \

Theragun Percussive Therapy	10 €
Theracup Cupping Therapy	10 €
Dedicated Face Mask	10 €
Compression Leg Therapy	20' \ 40 €

ADVANCED FACIALS \

Using hands as the strongest diagnostic tool in combination with precise massage techniques and pure natural active ingredients.

FACE RE-FACE \

The
Ultimate
Facial

80' \ 170 €

Your Line-Fighting Superhero

Indulge in a facial that's as captivating as it is transformative. Expertly designed to energize, sculpt, and rejuvenate, this luxurious treatment combines intelligent, clinically proven skincare with a touch of playful sophistication—leaving your skin radiant, lifted, and utterly irresistible.

SKIN IRON NOW \

The HIIT Workout
for Your
Skin

50' \ 155 €

Hydrate, lift, and tease your senses. This indulgent treatment fuses clinically proven formulas with expert skin-lifting massage techniques, smoothing fine lines and enhancing firmness. The result? A complexion that feels decadently hydrated, irresistibly lifted, and radiantly sculpted, after just one session.

SMOOTH AND EVEN \

(Cleansing Facial)
Resurfacing
for Stunningly
Smooth Skin

50' \ 155 €

Resurface, smooth, and let your glow steal the show. Powered by the ELEMIS patented Tri-Enzyme technology, this indulgent facial refines pores, evens texture, and reveals skin that looks beautifully polished, radiant, and utterly irresistible.

THAT GLOW ... \ AROMATHERAPY

Your
Vegan Skin
Recipe for
Radiance

Cleanse, rebalance, and indulge your skin. Our triple-cleanse ritual, enriched with Superfood-Infused facial oils, leaves your complexion nourished, radiant, and irresistibly revived skin that looks as vibrant as it feels.

30' / 95 €

ELEMIS EXPERT TECH FACIALS \

Powered By
ELEMIS BIOTEC

Harnessing advanced skincare technology and high-performance ELEMIS actives, these expert facials deliver visible, tailored results for every skin need. Each treatment combines professional techniques with powerful botanicals to rejuvenate, restore, and revitalize your skin.

Choose from the below High-Tech Facials:

Radiance
& Revive

Brighten and energize tired, dull skin.
Includes: Ultrasonic Spatula, Oxygen Infusion,
Galvanic Current

50' \ 170 €

Lift
& Rejuvenate

Smooth lines and restore suppleness for a refreshed glow. Includes: Microcurrent, Oxygen Infusion, Ultrasonic Spatula

50' \ 170 €

Smooth
& Polish

Exfoliate and refine for soft, luminous skin.
Includes: Ultrasonic Spatula, LED, Galvanic Current

50' \ 170 €

Sculpt
& Firm

Lift and tone for a more defined, youthful contour.
Includes: Oxygen Infusion, Microcurrent, LED,
Galvanic Current, Ultrasonic Spatula

80' \ 195 €

THE FIRE & ICE FACIAL \

A pharmaceutical-grade
facial by iS Clinical

A clinically active treatment designed to resurface the skin, reducing fine lines and wrinkles while smoothing, softening, and accelerating cellular renewal safely and effectively. Known globally as the "Red Carpet Facial" and favored by A-list celebrities before appearances, it delivers an instant glow using pharmaceutical-grade and botanically derived ingredients. A skin consultation is required to ensure the treatment is tailored to individual needs and achieves optimal results.

60' / 170 €

FACIAL ENHANCEMENTS

Led Face Mask Therapy
Scalp And Hair Therapy
Compression Boots
Hand Peel & Mask

10' / 20 €
10' / 20 €
20' / 40 €
10' / 15 €

BODY THERAPY \

Detox, re-shape and nourish with our high-performance body therapies.

SILK SKIN & TAN EVENER, BODY SALT SCRUB \

Frangipani or
Lime & Ginger

40' \ 90 €

The fragranced salt of your choice will gently slough away dead skin cells, encouraging the regeneration of new cells and perfectly prepping the skin. It leaves a smooth and responsive canvas, ready to absorb the deeply nourishing body oil.

Delivers velvety soft, invigorated skin.

DETOX AND UNWIND \

The Seaweed
Body Wrap

75' / 160 €

This seaweed treatment offers a thorough detoxification and deep cleansing experience, both internally and externally. It blends the finest sea plants and marine algae with aroma-therapeutic actives to rejuvenate the body. Ideal for addressing skin texture concerns and alleviating fluid retention, this treatment begins with the application of a warm seaweed body mask infused with a detoxifying blend of Juniper and Lemon essential oils. You'll then be enveloped in a cozy foil wrap, while enjoying a soothing Thai drainage facial massage and a stress-relieving scalp treatment.

TIGHTEN AND CONTOUR \

The Body
Fix

50' / 125 €

(Choose from Thighs or Abdomen)

80' / 175 €

(Includes Arms, Thighs & Abdomen)

A potent fusion of minerals, and seaweeds collaborates to address skin texture concerns and lackluster skin tone on hips, thighs, abdomen, and backs of arms. A precise sculpting massage is employed to ignite micro-circulation, fostering a more refined silhouette, and energizing the entire body. Following this, a refreshing rubberized mask, infused with detoxifying caffeine and green clay, is applied to targeted areas, while clinically proven Red Algae works to redefine areas susceptible to sagging. Experience the transformative effects of this comprehensive treatment, leaving you with a revitalized and sculpted appearance.

SPA COMBOS \

Targeted spa experiences for a holistic and 3D approach to wellness and well-being.

* Packages cannot be combined with any other offers or promotional activities

AFTER PARTY, THE BODY COMES BACK \

2h20' \ 340 €

Body Salt Scrub	30'
Contouring & Drainage Massage	60'
Skin Iron Facial	50'

DANCE FLOOR, READY & SEXY \

2h00' \ 280 €

Cloud High, CBD Relaxing Massage	60'
Face Fitness Workout	60'

IT'S A SPA DATE BABY, FOR US TWO \

2h00' \ 280 € (per person)

Let's Be Spa Lovers

The Cult Classic Deep Tissue massage	60'
That Glow... Facial	60'

100' \ 210 € (per person)

A Spa Day For Us

Body Salt Scrub	40'
Aromas in Charge	60'

2h30' \ 350 €

Bridal Spa Vows

Body Scrub	30'
Aromas In Charge, Relaxing Massage	60'
Face Fitness Workout	60'

2h20' \ 350 €

Groom Spa Vows

Body Salt Scrub	30'
The Cult Classic Deep Tissue massage	60'
Skin Iron Facial	50'

SPA ETIQUETTE \

Welcome to our Spa, a sanctuary of serenity and well-being. To ensure an exceptional experience for every guest, we kindly ask you to observe the following guidelines

ATMOSPHERE OF TRANQUILITY \

Our Spa and its surroundings are strictly smoke-free. Please keep mobile devices on silent or stored away to preserve the peaceful ambiance. Conversations should be conducted in soft tones to respect the calm environment. Photography and video recording are strictly prohibited to maintain privacy and tranquility.

PERSONAL BELONGINGS \

For your peace of mind, please secure all valuables in your locker or room safe. The Spa cannot accept responsibility for lost or damaged items.

FACILITIES & ATTIRE \

Kindly shower before using pools or thermal areas. A robe slippers and swimwear are required in common areas. Stay hydrated and limit alcohol or coffee consumption for optimal wellness.

RESERVATIONS & CANCELLATIONS \

Advance reservations are highly recommended. Arrive at least 15 minutes prior your scheduled appointment to allow time for preparation and ensure your treatment begins promptly. Any delays may result in an adjusted treatment duration without refund. Cancellations require 24 hours' notice; late cancellations or no-shows will incur full charges.

SPA FACILITIES \

Complimentary use of the Spa Wet Facilities is offered with spa treatments. If you wish to enjoy the spa facilities without booking a treatment, a nominal fee applies. Reservations are required in both cases.

HEALTH & WELL-BEING \

A Health & Lifestyle Questionnaire must be completed upon arrival. Inform your therapist of any medical conditions and communicate any preferences regarding pressure, temperature, or positioning, so treatments can be tailored to your needs. Disposable undergarments and professional draping are provided for your privacy.

PERSONALIZED EXPERIENCE \

Enhance your Spa journey with a private consultation to design a treatment plan tailored to your needs. Extend your Spa experience at home with our curated selection of products, available at the Spa reception. Your therapist will recommend products suited to your skin type.

ADDITIONAL INFORMATION \

Guests under 18 years must have parental consent. Charges will be billed to your room account unless you prefer to pay by cash or credit card. Gift vouchers must be presented at the Spa reception upon arrival.

Please dial extension **8200** for reservations

OPERATING HOURS \

Spa Facilities Daily **10:00 to 19:00**
Spa Treatments **10:00 to 19:00**

We invite you to relax, rejuvenate, and immerse yourself in an unparalleled wellness experience.

