

**SOMA**  
**SPA** THE AMUSE

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## WELCOME \

to the  
dazzling  
realm of  
Soma Spa  
'The Amuse'

the place where relaxation meets a playful vibe! It's not just about calming your body; it's about doing it in the most fun way imaginable. Picture an atmosphere where everything is lively, uplifting, and boredom is officially banned!

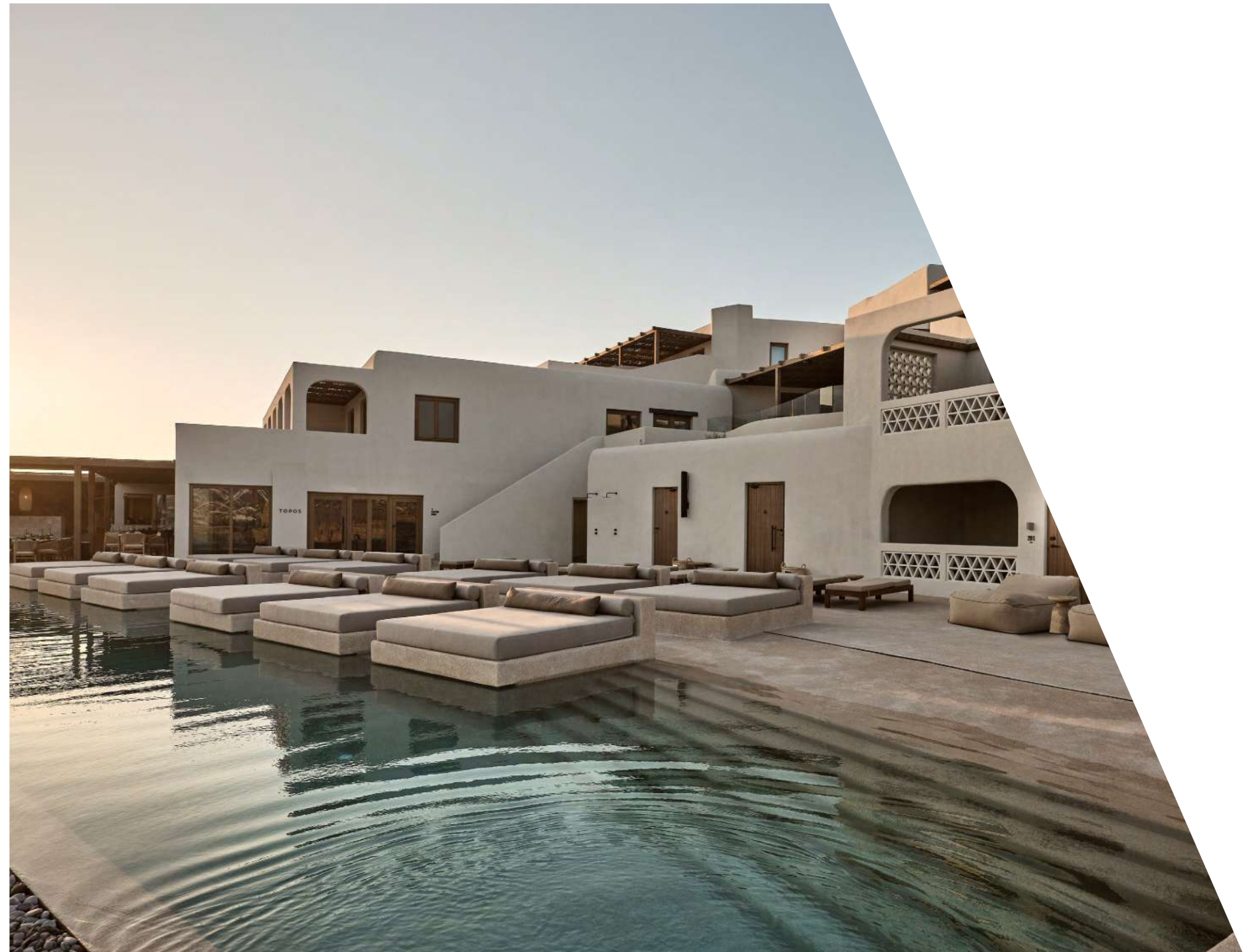
From our body-melting massages to our glow facials that'll have you ready to hit the party scene as the absolute shining star, we've got your back (and skin) for the best kind of revelry.

Recovery treatments and detox body indulgences bring a dose of chill to you and your body. Whether you're flying solo or sharing the bliss with a special someone, this is a moment that goes down in the fun-hall-of-fame—a memory-making, wellness-embracing escapade.

Powered by the chic touch of Codage Paris, and the ingredient attention of iS Clinical, our treatments are the sexiest rendition of protocols in the market. Our therapists are here to embrace the luxury of uplifting you, ensuring every moment is filled with joy and a touch of chic playfulness.

Because at Soma Spa 'The Amuse', we're all about turning well-being into a fabulous affair!

DOMES NORUZ MYKONOS



## WELCOME HOME \

Signature  
Soma Spa  
Immersion  
Catharsis

Immerse yourself in a journey of tranquility with our SOMA Spa THE AMUSE Signature welcome touch, designed to infuse the ambiance of Greece into your treatment experience. We begin by applying a nourishing body balm, expertly massaged onto your upper back or decollete', inducing a state of deep relaxation.

Following this, we envelop you in the refreshing mist of Aloe Vera sprayed high above your head, followed by an "Inhalation Tent" infused with the calming scents of Lavender and Lime Essential Oils. With your senses awakened and your body prepared, you're invited to indulge in our bespoke and advanced Face and Body Therapies, tailored to your unique needs and desires.

## YES, WE CARE \

A Soma Spa  
'The Amuse'  
Green  
Policy

We prioritize safety and efficacy when choosing our spa products, therefore we ensure that all our brands make use of natural and clean ingredients, that are formulated with integrity and are sourced ethically respecting the environment. All our products are paraben free and formulated with no use of harmful ingredients for the skin. We also opt for vegan formulations where possible, from natural and sustainably sourced ingredients, in recyclable packaging. As a Wellness brand at SOMA Spa, we believe we have responsibility to the health of your skin and its environment.

To minimize our impact, we ensure the minimum use of water within our treatments, and the use of the minimum disposable materials, that are mostly biodegradable or fully recycled. We are taking small steps for now, but we are committed to ensuring both the health of our guests and the environment.

## SOMA SPA \

Our  
Preferred  
Brands

### *iS CLINICAL*

One of the world's leading Cosmeceuticals, iS Clinical offers technologically advanced treatments, with pharmaceutical grade ingredients, that are botanically derived. Using only the best active ingredients, the products rejuvenate the complexion, while clarifying, balancing, and nourishing the skin. Used by some of the world's leading dermatologists and celebrity aestheticians, it prides itself in real and visible results.

### *CODAGE PARIS*

Inspired by the Periodic table of elements, CODAGE uses cocktails of active natural ingredients that work synergistically to answer specific needs. Combined and dosed, they bring to the skin essential nutrients to its proper functioning. Each treatment is built as a unique composition of formulas that builds a code or "codage" in French.

## MYKONOS SIGNATURE SPA THERAPIES \

Inspired by the flora of Mykonos, the Greek mythological Gods  
and the therapeutic practices of Hippocrates.

### YES HONEY \

Body  
& Face  
Ritual

75' \ 175 €

This ritual commences with a tranquil full-body massage from head to toe, ensuring relaxation and rejuvenation. It culminates with a refreshing face cleansing experience, featuring a Honey Enzyme Peel renowned for its potent anti-inflammatory and antioxidant properties, along with its natural antibiotic benefits. This holistic treatment offers a truly relaxing and revitalizing experience for both the body and face.

### GAEA & URANUS \

An Inspiring  
Body Massage

90' \ 190 €

Immerse yourself in a rejuvenating ritual that celebrates the natural bounty of our land. Experience the therapeutic benefits of aromatherapy with a Deep Tissue Massage, infused with the aromatic richness of Rosemary, Lemons, and Chamomile. Your journey begins with a luxurious exfoliation using our invigorating Carob seed body scrub, deeply cleansing, and polishing your skin to reveal a nourished and velvety-smooth complexion. This revitalizing treatment promises to captivate your senses and leave you feeling pampered from head to toe.

### BACK IN TIME \

Hippocratic  
Therapeutic  
Massage

60' \ 170 €

This Massage Ritual draws inspiration from the Massage Principles of Hippocrates, a pioneer in the field of massage therapy. Hippocrates advocated for massage techniques characterized by friction or rubbings, aiming to induce relaxation while also promoting constriction, thickening, and thinning. With a holistic healing approach, this massage focuses on key areas: the Head & Neck as the crown of the body, the feet as its foundation, and the abdomen as its center, aiming to promote a healthier system through targeted detoxification and cleansing. Offering a comprehensive therapeutic experience, the ritual begins with dry brushing of the body and concludes with a refreshing mist of Kefir Tea water, awakening the senses and leaving you feeling revitalized.

## SIGNATURE SPA THERAPIES \

Global exclusives that are ingredient and results-focused using massage techniques from all over the world, powered by natural actives, science, and skin technologies.

### CLOUD HIGH \

CBD Relaxing  
Massage

60' \ 160 €

This CBD Massage is specifically tailored to alleviate pain and inflammation, expediting the recovery process. The endocannabinoid receptors in your brain readily respond to the compound, which penetrates the skin, thereby stimulating the endocannabinoid system. This system is crucial for various bodily functions including immune function, digestion, mood, and sleep regulation. As the body transitions into a rest-and-digest state, massaging the areas of concern encourages the release of toxins and promotes maximum relaxation. Experience the soothing benefits of CBD, helping you achieve a state of profound relaxation and wellness.

### FUTURISTIC BLEND \

A Signature  
Combo  
Of Tech  
& Hands

90' \ 180 €

*(Using Theragun Percussive Therapy by Therabody)*

Experience the ultimate Jet Lag Recovery with our unparalleled Signature Massage, a truly unique and authentic experience. Developed by our expert team of physios and therapists, this massage is designed to facilitate maximum recovery for overworked muscles and extreme fatigue. By targeting the entire body with a blend of Deep Tissue techniques and the additional benefits of Percussive therapy from Therabody's legendary Theragun Elite, this massage ensures that blood circulation harmonizes perfectly with your body's physiology. Feel a sense of lightness and tranquility as tension melts away, leaving you rejuvenated and calm.

## MASSAGE & BODY THERAPY \

Advanced massage sequences  
to unwind and re-charge.

### A CULT CLASSIC \

Muscular  
Relief

*Deep Tissue  
Massage*

30' \ 90 €  
60' \ 150 €  
90' \ 175 €

This massage deeply addresses all body's tensions. Relaxing, it instantly relieves and soothes muscle pains. Ideal for muscular recovery before or after sports, it activates blood circulation for a true sensation of comfort and well-being. Reveal a relaxed body and the best feeling of lightness you have ever felt.

### ENERGY ALL OVER \

Stone  
Massage

60' \ 150 €

The power of hot stones will help release any tension trapped in the muscles whilst reducing stress and anxiety. Our Hot Stones Massage promotes a healthier sleep and a boost on the immunity. Placing the stones on key points, the heat from the stones is deeply relaxing and helps warm up tight muscles allowing our therapist to apply a deeper pressure to those areas needed without causing discomfort.

### AROMAS IN CHARGE \

Relaxing  
Massage

*Aromatherapy  
Massage*

60' \ 150 €  
90' \ 175 €

A true source of stress-relief, this deep and enveloping massage soothes and relaxes for a moment of pure well-being. Tension is released and the skin is left nourished, deeply moisturized and incredibly soft.



## DREAM ON \

Head & Scalp  
Massage

30' \ 90 €

Our Head and Scalp Massage helps improve circulation of blood to the head and face and is designed to relax the mind as an effective stress reducer. Warm oil is massaged throughout the scalp working to relax tight muscles in the temple and neck regions. This treatment promotes a therapeutic action to the hair using an oil blend from Coconut, Sweet Almond, Baobab, Macadamia, Apricot, Hazelnut, Grape Seed, and Pomegranate. We recommend that you keep the hair oil on your head for at least one-hour post treatment, before you wash off, to ensure a deep therapeutic action.

## BODY FIX \

Contouring &  
Drainage Body  
Massage

60' \ 150 €

This treatment provides a concentrated action against uneven skin texture. The toning massage helps alleviate dimples and reduces the appearance of "orange-peel" skin. The drainage-stimulating massage techniques promote the elimination of uneven skin texture and encourage regeneration. This treatment stimulates microcirculation for a true sensation of comfort and lightness. Using a Contouring Body oil containing 100% Natural plant extracts, it helps eliminate toxins and prevents skin sponginess, providing an exhilarating experience for tired muscles. A blend of Clary Sage, Ginger, Carrot Seeds, Cedar, and Gaiac Essential Oils lock in moisture and encourage your body to release toxins completely.

## MAMA TO BE \

Pregnancy  
Massage

75' \ 160 €

A healthy way of reducing stress and promoting overall wellness. Our Pregnancy Massage relieves discomforts experienced during pregnancy such as backaches, leg cramps, headaches or swelling. This is a therapeutic workout that focuses on the special needs of mothers-to-be as the whole body goes through the dramatic changes of pregnancy. We enhance the function of muscles and joints, improving circulation and general body tone, relieving any mental and physical fatigue. Gentle but effective and performed with respect and care.

## SALTY SKIN & TAN EVENER \

Body Sugar  
Scrub

40' \ 90 €

This full-body scrub, infused with Sugar, Macadamia, and Shea Butter, eliminates dead skin cells, refines skin texture, revitalizes, and reawakens the skin. Particularly suited for those who wish to exalt the beauty of their skin. The treatment is rounded off by the personalized application of concentrated body milk that gives vitality to the skin. Reveal skin that is smoother and incredibly soft.

## A LITTLE MORE \

Theragun  
Add-On

10 €

A handheld, battery operated 'Percussive Therapy' device, designed to naturally address muscle pain. The rapid and repetitive application of pressure increases blood flow and the oxygen levels delivered to the muscle, relieving soreness, improving movement and aiding recovery. Add it to any of the massages for that extra bit of recovery and stress relief.

## FACE THERAPY \

Using hands as the strongest diagnostic tool in combination with precise massage techniques and pure natural active ingredients.

## THE FIRE AND ICE \

Facial

60' \ 180 €

A clinically active treatment system designed to resurface the skin, reducing fine lines and wrinkles, smoothing, softening, and encouraging cellular renewal rapidly and safely. Known globally as the "Red Carpet Facial" that A-List Celebrities love before their appearances, it reveals an instant glow, through pharmaceutical grade and botanically derived ingredients. Performed with iS Clinical.

## THE HAUTE COUTURE \

Facial

90' \ 200 €

The Haute Couture facial treatment responds to a precise skin type and need, regarding the selection of high performance CODAGE serums that we choose according to your skin needs. During the treatment, each serum is applied with a specific protocol, which has been designed to reinforce the serum's action to guarantee maximum effectiveness. This treatment for the face, neck, cleavage and hands is the ultimate anti-aging experience. At once your complexion looks radiant, your skin visibly smoother, relaxed and regenerated. Performed with Codage Paris.

## GUA SHA \

60' \ 150 €

Face & Eyes  
Pro-Ageing

An intensely regenerating treatment associated with a refreshing and draining massage with Gua Sha. Specially designed to prevent and treat all signs of age: wrinkles, fine lines, spots, glow, and firmness. A revitalizing and lifting treatment of 60min to prevent and treat all signs of age. Performed with Codage Paris.

## FACE FITNESS WORKOUT \

60' \ 150 €

Powered By  
Theraface Pro

The ultimate device for facial skin health. A relaxing facial massage meets the facial treatments you love. Reduce tension and relax facial muscles with the technology behind Theragun percussive therapy, now designed for the face. This multi-tasking device doesn't stop there — from skin-toning microcurrent to rejuvenating light therapy, and completed with hot and cold therapy rings, with three temperature that are specifically designed to reduce tension, pain, and inflammation. A cardio gym session for your face with immediate results in toning, firming, and refining the contours. Performed with iS Clinical.

## HONEY ENZYME \

30' \ 90 €

Booster  
Facial

Revitalize your complexion with the Honey Enzyme Facial. This luxurious, exfoliating, and hydrating facial enhances skin with gentle massage and soothing hydration. Enjoy the warming sensation of the honey cleanser as you receive a lymphatic drainage massage. An exfoliating masque is applied in a circular motion to boost circulation and gently resurface the skin. The Honey Enzyme Facial is completed with a deeply hydrating masque to nourish the skin and leave it feeling rejuvenated. Effective for all skin types, you will enjoy a dramatically smoother, brighter complexion with a noticeable glow. Performed with iS Clinical.

## ADD - ONS \

Eye Rejuvenating Treatment	15' \ 30 €
Microcurrent Lifting	15' \ 45 €
Red LED	10' \ 30 €

## SPA COMBOS \

Targeted spa experiences for a holistic and 3D approach to wellness and well-being.

### AFTER PARTY, THE BODY COMES BACK \

2h00' \ 300 €

Body Salt Scrub	30'
Contouring & Drainage Massage	60'
Honey Enzyme Facial	30'

### DANCE FLOOR, READY & SEXY \

2h00' \ 300 €

Cloud High, CBD Relaxing Massage	60'
Face Fitness Workout	60'

### IT'S A SPA DATE BABY, FOR US TWO \

90' \ 460 € (for both)

Let's Be Spa Lovers

The Cult Classic Deep Tissue massage	60'
Honey Enzyme Facial	30'
<i>Glass of champagne with Fruits</i>	

2h30' \ 345 €

Bridal Spa Vows

Body Scrub	30'
Aromas In Charge, Relaxing Massage	60'
Face Fitness Workout	60'

2h30' \ 345 €

Groom Spa Vows

Body Salt Scrub	30'
The Cult Classic Deep Tissue massage	60'
Face Fitness Workout	60'

## SPA ETIQUETTE \

### RESERVATIONS, APPOINTMENTS & CHECK-IN \

Bookings in advance are highly recommended to secure the most suitable time for your schedule.

### CONSULTATION \

To enhance your Spa experience please visit us for a private consultation to determine your needs and design your treatments experience. Your personalized package will be tailored according to your needs.

### VALUABLES \

We recommend that all our guests leave all jewelry in the safe of their rooms before coming to the Spa.

### CANCELLATION POLICY \

Please notify us at least 24 hours in advance for any cancellations or rescheduling. Any cancellations with less than 24 hours notice will result to a 50% of treatment charge while non shows will result to a 100% charge.

### PAYMENTS \

All treatments and Spa products include a 24% government tax. All invoicing will be charged to your room and will appear on your account at the time of departure from the resort.

### SPA & HOMECARE PRODUCTS \

To extend your Spa experience at home, a variety of Spa products are available at the Spa reception. Your therapist will advise you as to the products that suit you and your skin type as part of the treatment experience.

### OPERATION HOURS \

Soma Spa operates from 10:00-20:00 daily.

### HYGIENE \

Our team has been trained to be able to take all measures towards the highest standards of hygiene within our Spa, to ensure you can enjoy your treatments with safety and peace of mind.

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