

**SOMA**  
**SPA** THE REFINED

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## WELCOME \

to the  
exclusive  
retreat of  
Soma Spa  
'The Refined'

where the very essence of classical spa experiences is given profound meaning. Here, our commitment is to redefine luxury, infusing treatments with a level of sophistication that reflects the refined knowledge of our expert therapists.

Within the serene confines of Soma Spa 'The Refined,' every treatment is an artful masterpiece, meticulously crafted to ensure an elevated experience tailored precisely to your individual needs.

Our therapists, possessing a wealth of expertise, bring forth a level of refinement that transforms each moment into an indulgent journey, uniquely yours.

Embrace the truest sense of luxury as you become the focal point of our carefully studied protocols. Our therapists, with a discerning eye, guide you through an array of massages, results-oriented facials, and purposeful body treatments, all designed to not only pamper but to meaningfully contribute to your overall well-being.

Embraced by ELEMIS, iS Clinical and Codage Paris, with signature treatments that are exclusive to our spas.

This is not just a spa; it's a sanctuary where time-honoured traditions meet modern sophistication. Let Soma Spa 'The Refined' be your haven, where every detail is an homage to the classic meaning of spa, and every moment is a celebration of refined luxury.



Domes Novos Santorini



SOMA  
SPA \  
Our  
Preferred  
Brands

*ELEMIS*

is a globally renowned skincare brand that harmoniously blends powerful natural ingredients with advanced scientific innovation. Using carefully sourced botanical and marine actives, ELEMIS creates high-performance formulas that deliver visible, transformative results. Known for its luxurious textures and sensorial experiences, each treatment supports skin health while offering a deeply indulgent and restorative journey.

*CODAGE PARIS*

is a contemporary French skincare house rooted in precision, customization, and clinical expertise. Inspired by pharmaceutical standards, its formulations combine high concentrations of active ingredients with exceptional purity to address individual skin needs. Each product is designed to restore balance, enhance skin performance, and deliver targeted, visible results through a personalized approach to skincare.

*iS CLINICAL*

is a results-driven skincare brand known for its advanced, science-based formulations. Developed through extensive clinical research, its products combine pharmaceutical-grade botanicals with innovative active ingredients to improve skin health, clarity, and vitality. Respected by professionals worldwide, iS Clinical delivers proven results while supporting the skin's long-term strength and resilience.

SIGNATURE  
SOMA SPA \

Immersion  
Catharsis

Our SOMA Spa Signature Welcome Touch draws inspiration from the timeless ritual of Greek hospitality, inviting you to arrive fully and feel deeply cared for from the moment you enter the treatment room.

Your journey begins with a soothing foot cleansing ritual, where warm compresses infused with fresh lime gently cleanse and revive tired feet. This grounding ceremony symbolizes renewal and welcome, easing the body into a state of comfort and calm while awakening the senses with subtle citrus notes reminiscent of the Mediterranean.

As tension melts away and your energy is restored, mind and body are perfectly prepared to continue into our bespoke and advanced therapies, thoughtfully tailored to your individual needs and desires, and rooted in the holistic traditions of Greece.

SOMA  
SPA \  
Green  
Promise

At SOMA Spa, we put safety, care, and effectiveness at the heart of everything we do. We are intentional about what we use in our treatments, choosing clean, natural ingredients that are ethically sourced and free from parabens and other harmful additives. Whenever possible, we work with vegan formulations and prioritize sustainably sourced ingredients, always mindful of how they affect both your skin and the world around us.

Caring for you also means caring for our environment. We consciously reduce water use throughout our treatments and select biodegradable or fully recycled disposable materials wherever we can. These may be small, considered steps, but they reflect our ongoing commitment to the well-being of our guests and to the planet we all share.

## SIGNATURE TREATMENTS \

Inspired by the flora of Santorini, the fertile land of our island, the Greek mythological Gods and the therapeutic practices of Hippocrates.

### THE OLIVE ROOT \

Spa  
Journey

75' \ 185 €

Born from fire and sea, Santorini's volcanic island has been revered since antiquity for its powerful natural elements. Our Olive Root Spa Journey draws inspiration from ancient Greek wellness rituals, beginning with a full-body massage using a sacred blend of oil infused with Santorini olive extracts, rich in vitamin E, traditionally used to soothe inflammation and restore the body. The journey concludes with a purifying facial ritual inspired by classical beauty practices, featuring a mineral mud mask combined with rosemary, thyme, lemon, kaolin clay, and olive oil. This mineral-rich infusion detoxifies and renews the skin, while offering antioxidant, anti-inflammatory, and natural antibacterial benefits.

### THERAPEUTIC HEALING \

Inspired by  
Hippocrates

60' \ 170 €

Inspired by the teachings of Hippocrates, this therapeutic dry massage and assisted stretching ritual restores balance through rhythmic movements and intentional touch. Focusing on the Head & Neck, feet, and abdomen—the crown, foundation, and center of the body—the treatment supports circulation, detoxification, and overall vitality. The journey begins with invigorating dry brushing and concludes with a refreshing Kefir Tea water mist, awakening the senses and leaving the body aligned, light, and renewed.

### WET FACILITIES JOURNEY \

Sauna  
Steam  
Indoor Pool  
Ice Fountain

50' \ 25 €

## BIOHACKING EXPERIENCES \

Next-generation treatments that combine advanced recovery and sensory technologies to enhance longevity, optimize awareness, and support systemic regeneration. Each session targets a specific system, offering measurable benefits and deep restorative effects.

### NEUROSIGHT \

20' \ 50 €

A rapid neural reset using Therabody neuro-sensory goggles. Gentle vibrations and guided ocular stimulation work together to calm the nervous system, reduce stress, and prepare the mind for clarity and focus. This 20-minute session enhances mental alertness, supports cognitive recovery, and promotes deep relaxation. The therapy also includes a nourishing foot hydration wrap for added comfort while you enjoy the goggles.

### CIRCADIAN FLOW \

45' \ 100 €

A recovery session combining dynamic pneumatic compression boots with Therabody Smart Goggles. While cycled air pressure improves circulation, stimulates lymphatic drainage, and accelerates cellular recovery, the Smart Goggles provide targeted therapy to support eye and brain wellness, helping to reduce stress and enhance focus. This dual approach helps reduce fatigue, balance metabolism, and leaves the body and mind feeling refreshed, energized, and renewed.

### ENHANCEMENTS

Hydrating Hand Wrap	15 €
Rejuvenating Eye Patches	20 €
Neck Rejuvenating Cream Mask	15 €

## MASSAGE THERAPIES \

Advanced massage sequences  
to unwind and re-charge.

### THE DEEP TISSUE \

Massage

40' \ 100 €  
60' \ 150 €  
90' \ 180 €

Tailored entirely to your needs, it leaves you feeling grounded and focused. We will select an ELEMIS Luxury aromatic oil according to your concerns, be they muscle pain, stress relief, pure relaxation, or emotional balance. Skin is prepped to release toxins and the flowing massage works deeper and deeper into the tension, encouraging optimum circulation.

### THE AROMA- THERAPY \

Swedish Massage

30' \ 90 €  
60' \ 140 €  
90' \ 170 €

Step into a realm of pure relaxation with our luxurious aromatherapy oasis massage. Immerse yourself in the soothing scents and therapeutic benefits of aromatherapy, tailored to envelop you in a state of tranquility. Feel your stresses melt away as you indulge in this blissful escape, leaving you feeling rejuvenated and revitalized.

### THE FRANGIPANI \

Indian Head  
Massage  
With Back  
Massage

60' \ 140 €

Tension is dissolved using a combination of the ancient Chinese healing massage Tui Na and Japanese Shiatsu, while Indian and Thai kneading that invigorates and clears your head.

## TRANQUIL \

60' \ 150 €

CBD  
Massage

This CBD Massage is specifically tailored to alleviate pain and inflammation, expediting the recovery process. The endocannabinoid receptors in your brain readily respond to the compound, which penetrates the skin, thereby stimulating the endocannabinoid system. This system is crucial for various bodily functions including immune function, digestion, mood, and sleep regulation. As the body transitions into a rest-and-digest state, massaging the areas of concern encourages the release of toxins and promotes maximum relaxation. Experience the soothing benefits of CBD, helping you achieve a state of profound relaxation and wellness.

## ELEMIS PEACEFUL \

75' \ 170 €

Pregnancy  
Massage

This unique pregnancy massage is profoundly nurturing and tranquil. An intuitive, sensitive, and relaxing massage hydrates and moisturises skin that is expanding to accommodate a growing baby. Only nurturing aromatics are imparted, along with wisdom, empathy and respect.

## CODAGE CONTOURING & DRAINAGE \

60' / 150 €

Full Body  
Massage

This treatment provides a concentrated firming and toning action. The toning massage helps smooth the skin and reduces the appearance of the "orange-peel" effect. The drainage-stimulating massage techniques promote cellular elimination and regeneration.

## MUSCULAR RELIEF SPORTS MASSAGE \

90' \ 190 €

A Signature  
Combo  
Of Tech  
& Hands

*(Using Theragun Percussive Therapy by Therabody)*

Experience the ultimate Jet Lag Recovery with our exclusive Signature Massage, crafted by our team of expert physios and therapists to provide maximum relief for overworked muscles and extreme fatigue. This Authentic Massage targets your entire body, combining Deep Tissue techniques with the added benefits of Percussive therapy from Therabody's renowned Theragun Elite. Feel your blood circulation harmonize with your body's physiology as tension melts away, leaving you with a sense of lightness and tranquility. Let us rejuvenate your body and mind, ensuring you're ready to conquer your next adventure feeling refreshed and revitalized.

## THERAGUN ADD ON \

10 €

A handheld, battery operated 'Percussive Therapy' device, designed to naturally address muscle pain. The rapid and repetitive application of pressure increases blood flow and the oxygen levels delivered to the muscle, relieving soreness, improving movement and aiding recover. Add it to any of the massages for that extra bit of recovery and stress.

## ADVANCED FACIALS \

Our facials combine expert hands-on therapy, advanced technologies, and potent active ingredients, all delivered with the skill and care of our trained therapists. Using carefully selected premium brands, each treatment is tailored to your skin's unique needs, providing visible results while offering a deeply restorative and indulgent experience.

## ELEMIS EXPERT TOUCH FACIALS \

Experience the ultimate in bespoke skincare. ELEMIS Expert Touch Facials combine luxurious formulas with masterful techniques to revive, sculpt, and illuminate your skin while melting away tension.

Nourish Aromatherapy Facial 30' / 90 €  
Deeply hydrate and awaken tired, dull skin

Reveal Facial 50' / 145 €  
Smooth, refine, and reveal a luminous glow

Renew Skin Cleansing Facial 50' / 145 €  
Lift, firm, and restore youthful vitality

Men's Facial 50' / 145 €  
Energize, renew and hydrate for a healthy complexion

Define Facial 80' / 170 €  
Contour, energize, and rejuvenate for a sculpted finish

## FIRE & ICE FACIAL \

60' / 170 €

The “Red Carpet  
Hollywood Facial”  
by iS CLINICAL

*A pharmaceutical grade, botanically derived  
cosmeceutical brand.*

A clinically active treatment designed to resurface the skin, reducing fine lines and wrinkles while smoothing, softening, and accelerating cellular renewal safely and effectively. Known globally as the “Red Carpet Facial” and favored by A-list celebrities before appearances, it delivers an instant glow using pharmaceutical-grade and botanically derived ingredients. A skin consultation is required to ensure the treatment is tailored to individual needs and achieves optimal results.

## FACIAL ENHANCEMENTS

Led Face Mask Therapy	10' / 20 €
Scalp And Hair Therapy	10' / 20 €
Compression Boots	20' / 40 €
Hand Peel & Mask	10' / 15 €

## BODY THERAPY \

Detox, re-shape and nourish with our high-performance body therapies.

### ELEMIS CELLUTOX SEAWEED \

Wrap  
Against Fluid  
Retention

75' \ 150 €

Experience the ultimate detoxification and cleansing with our seaweed body treatment, designed to purify both inside and out. Harnessing the power of sea plants and marine algae, this treatment combines with aroma-therapeutic actives to deeply cleanse and revitalize your body. Perfect for reducing fluid retention and improving skin texture, a warm seaweed body mask infused with a detoxifying blend of Juniper and Lemon essential oils is applied before you're enveloped in a comforting foil wrap. While cocooned, indulge in a deep Thai drainage facial massage and a de-stress scalp treatment, leaving you feeling refreshed and rejuvenated from head to toe.

### ELEMIS TARGETED \

Contouring  
& Toning  
Treatment

50' / 120 €  
*(Choose from Thighs or Abdomen)*  
80' / 175 €  
*(Includes Arms, Thighs & Abdomen)*

A potent blend of minerals, and seaweeds collaborates to address concerns of skin texture and tone on hips, thighs, abdomen, and backs of arms. Targeted sculpting massage techniques stimulate micro-circulation, promoting a smoother silhouette and invigorating the entire body. A cooling rubberized mask, enriched with detoxifying caffeine and green clay, is applied to problem areas, while clinically proven Red Algae revitalizes areas prone to sagging, leaving you feeling refreshed and rejuvenated.

### INTENSELY CLEANSING \

Salt  
Scrub

40' / 90 €

*Frangipani or Lime & Ginger*

The extraordinary cleansing power of salt goes to work releasing toxins in this body polishing treatment. The fragranced salt of your choice will gently slough away dead skin cells, encouraging the regeneration of new cells and perfectly prepping the skin. It leaves a smooth and responsive canvas, ready to absorb the deeply nourishing body oil. Delivers velvety soft, invigorated skin.

## SPA PACKAGES \

Targeted spa experiences for a holistic and 3D approach  
to wellness and well-being.

## DETOX & CONTOURING PACKAGES \

3 Days \ 510 €

Day 1	ELEMIS Intensely Cleansing Salt Scrub	40'
	CODAGE Contouring & Drainage Massage	60'
Day 2	ELEMIS Cellutox Seaweed Detox Wrap	75'
Day 3	ELEMIS Targeted Tightening Body Treatment	50'
	ELEMIS Expert Touch Nourish Facial	30'

THE  
SLEEP  
RECOVERY \

ELEMIS Aromatherapy Massage	90'
ELEMIS Expert Touch Renew Facial	50'

2h20' \ 280 €

SPA  
TOGETHER \

90' \ 220 € (per person)

Frangipani Lovers Couple's Retreat	ELEMIS Deep Tissue Full Body Massage	60'
	ELEMIS Expert Touch Nourish Facial	30'

90' \ 210 € (per person)

"Mazi" Spa Experience	ELEMIS Aromatherapy Massage	60'
	ELEMIS Expert Touch Nourish Facial	30'

2h30' \ 340 €

Soma Spa Bridal Skin & Body Renewal Spa Rituals	ELEMIS Intensely Cleansing Salt Scrub	40'
	ELEMIS Expert Touch Facial	50'
	CBD Relaxing Massage	60'

2h30' \ 310 €

Soma Spa Groom Skin & Body Revive Spa Rituals	ELEMIS Deep Tissue Massage	60'
	ELEMIS Expert Touch Men's Facial with LED Light	60'
	Best Foot Forward Ritual	30'

## SPA ETIQUETTE \

Welcome to our Spa, a sanctuary of serenity and well-being. To ensure an exceptional experience for every guest, we kindly ask you to observe the following guidelines

### ATMOSPHERE OF TRANQUILITY \

Our Spa and its surroundings are strictly smoke-free. Please keep mobile devices on silent or stored away to preserve the peaceful ambiance. Conversations should be conducted in soft tones to respect the calm environment. Photography and video recording are strictly prohibited to maintain privacy and tranquility.

### PERSONAL BELONGINGS \

For your peace of mind, please secure all valuables in your locker or room safe. The Spa cannot accept responsibility for lost or damaged items.

### FACILITIES & ATTIRE \

Kindly shower before using pools or thermal areas. A robe slippers and swimwear are required in common areas. Stay hydrated and limit alcohol or coffee consumption for optimal wellness.

### RESERVATIONS & CANCELLATIONS \

Advance reservations are highly recommended. Arrive at least 15 minutes prior your scheduled appointment to allow time for preparation and ensure your treatment begins promptly. Any delays may result in an adjusted treatment duration without refund. Cancellations require 24 hours' notice; late cancellations or no-shows will incur full charges.

### SPA FACILITIES \

Complimentary use of the Spa Wet Facilities is offered with spa treatments. If you wish to enjoy the spa facilities without booking a treatment, a nominal fee applies. Reservations are required in both cases.

### HEALTH & WELL-BEING \

A Health & Lifestyle Questionnaire must be completed upon arrival. Inform your therapist of any medical conditions and communicate any preferences regarding pressure, temperature, or positioning, so treatments can be tailored to your needs. Disposable undergarments and professional draping are provided for your privacy.

### PERSONALIZED EXPERIENCE \

Enhance your Spa journey with a private consultation to design a treatment plan tailored to your needs. Extend your Spa experience at home with our curated selection of products, available at the Spa reception. Your therapist will recommend products suited to your skin type.

### ADDITIONAL INFORMATION \

Guests under 18 years must have parental consent. Charges will be billed to your room account unless you prefer to pay by cash or credit card. Gift vouchers must be presented at the Spa reception upon arrival.

Please dial extension **7800** for reservations

### OPERATING HOURS \

Spa Facilities Daily **10:00 to 18:00**  
Spa Treatments **10:00 to 18:00**

We invite you to relax, rejuvenate, and immerse yourself in an unparalleled wellness experience.



Domes Novos Santorini



