

**SOMA SPA**

## DOMES WHITE COAST MILOS

*Restoring What Has Been Lost, Leading You To A Stage Of Completeness*

Nothing beats a day spent soaking up the sun and enjoying the sea. But after a long day of fun in the sun, it's important to take care of yourself. That's why we've hand-picked some of our best-selling treatments from our signature SOMA SPA to help you unwind and feel rejuvenated.

And the best part? You can enjoy these treatments from the comfort of your own room.

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## SOMA SPA — OUR PREFERRED BRANDS

### ELEMIS

A skin wellness brand with an aromatherapist's soul, an artist's spirit, and a scientist's commitment to results. An innovative and global British skincare brand with over 30 years of expertise. A brand that believes in "truth in beauty", focusing in delivering proven results with feel-good skincare products combined with cutting-edge patented technology. Nature powers the ELEMIS products: by sourcing natural extracts that catalyse each other and harnessing the power of nature's finest active ingredients, delivering results that you can see and feel, both inside and out.

### IN-ROOM MASSAGE TREATMENTS

#### DEEP TISSUE MASSAGE

60' — €135 | 90' — €160

Tailored entirely to your needs, it leaves you feeling grounded and focused. We will select an ELEMIS Luxury aromatic oil according to your concerns, be they muscle pain, stress relief, pure relaxation, or emotional balance. Skin is prepped to release toxins and the flowing massage works deeper and deeper into the tension, encouraging optimum circulation.

#### AROMATHERAPY MASSAGE

60' — €130 | 90' — €155

An aromatherapy hydrating body massage. Powered by unique Essences that have been designed to be used in this extremely relaxing massage, to bring everything back to the potency of modern aromatics.

#### CBD RELAXING MASSAGE

60' | €140

This CBD Massage is particularly focusing on further easing pain and inflammation, thereby speeding up recovery. Your brain's endocannabinoid receptors recognize the compound, enters through the skin, therefore the endocannabinoid system is stimulated, which plays a role in immune function, digestion, mood, and sleep. The body is shifted to a rest-and-digest state and by massaging the areas of concern, we encourage the body to surrender all toxins and enter a maximum relaxation state.

**THERAGUN PERCUSSIVE THERAPY ADD-ON / 10' — €10**

# **SOMA SPA ETIQUETTE**

## **RESERVATIONS & APPOINTMENTS**

Bookings in advance are highly recommended to secure the most suitable time for your schedule. Please contact the hotel reception to arrange your booking. Our therapist will arrive 15-minutes prior to your appointment to set-up for the treatment.

## **CONSULTATION**

To enhance your experience, we require you to fill out our consultation form prior to your massage, to determine your individual needs.

## **VALUABLES**

We recommend that all our guests leave all jewellery in the safe of their rooms.

## **CANCELLATION POLICY**

Please notify us at least 24 hours in advance for any cancellations or rescheduling. Any cancellations with less than 24 hours notice will result to a 50% of treatment charge.

## **PAYMENTS**

All treatments include a 24% government tax. All invoicing will be charged to your room and will appear on your account at the time of departure from the resort.

## **OPERATION HOURS**

10:<sup>00</sup> – 18:<sup>00</sup> daily.

## **HYGIENE**

Our team has been trained to be able to take all measures towards the highest standards of hygiene, to ensure you can enjoy your treatments with safety and peace of mind.

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